

# H343 BACHELOR OF EXERCISE AND SPORT SCIENCE

FOR STUDENTS WHO COMMENCED TRIMESTER 1 2018

This course map is not for Deakin College Students



Student ID:		Student name:			
Deakin email:			Preferred contact number:		
Date:	Year commenced:	Trimester Commenced:	eCOE:	Campus:	

## 2018 COURSE MAP: Exercise Physiology and Sport Nutrition Major Sequences

Last updated: 20/02/2019

HSE010 Exercise and Sport Science Laboratory Safety (0 credit points) - Trimester 2 2018

<b>YEAR 1</b> Year: <input type="text"/>	Trimester 1				
	Trimester 2				
	Trimester 3*				

<b>YEAR 2</b> Year: <input type="text"/>	Trimester 1				
	Trimester 2				
	Trimester 3*				

<b>YEAR 3</b> Year: <input type="text"/>	Trimester 1				
	Trimester 2				
	Trimester 3*				

\*\*\*Please note: To complete these 2 majors, students must undertake a 25th credit point (HSN101) which will be charged at full-fee paying rate. Please contact a Student Adviser at [health-enquire@deakin.edu.au](mailto:health-enquire@deakin.edu.au) \*\*\*

\*Trimester 3 is optional.

This course map is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the Handbook ([deakin.edu.au/handbook](http://deakin.edu.au/handbook)). Deakin University reserves the right to alter, amend or delete details of course offerings and other information published herein. Students are advised to check the relevant Handbook online (at the above link) for the most up-to-date information relating to their course structure and available units.

Student signature:

Course adviser:

See page 2 for Course Progress Check instructions

**KEY**

<b>B</b>	Melbourne Burwood Campus
<b>S</b>	Geelong Waterfront Campus
<b>G</b>	Geelong Waurn Ponds Campus
<b>W</b>	Warrnambool Campus
<b>X</b>	Cloud Campus

## Course progress check

- 1 Have you checked the course rules in the Handbook of the year you commenced your studies?
- 2 Have you checked the course progression in StudentConnect?
- 3 Submit this form to Student Central, via email to [health-enquire@deakin.edu.au](mailto:health-enquire@deakin.edu.au)

**A Student Adviser will check your units and will confirm your course plan or provide advice as needed.**

For course rules please visit: [deakin.edu.au/H343](http://deakin.edu.au/H343)

## H343 course rules

I understand that to qualify for the award of Bachelor of Exercise and Sport Science (**H343**), I must complete 24 credit points. Also:

I must complete 16 credit points of core units.

I must not complete more than 10 credit points from Level 1

I must complete 8 electives units, which can be from other faculties

I must complete at least 6 credit points at Level 3

I understand that this course map is for illustrative purposes only and that it is my responsibility to check the Handbook on the Deakin website for the most up-to-date information available: [deakin.edu.au/handbook](http://deakin.edu.au/handbook)

### Note on ESSA Registration:

H343 Bachelor of Exercise and Sport Science students who have been awarded Credit for Prior Learning for non-university studies, such as credit for prior learning obtained via TAFE study or Deakin College, please note that they may not be eligible for immediate registration with ESSA. This does not mean that ESSA registration is not available to you. What it means is that registration is not automatically granted as a Deakin graduate from the H343 Bachelor of Exercise and Sport Science course. You can still apply to ESSA for membership but you will need to apply on your own directly to ESSA when you have completed your course. Application details can be found on the ESSA website, and you will be required to complete the non-NUCAP form (<https://www.essa.org.au/membership/ways-to-join-essa>). In the application you would need to demonstrate that you have met the exercise science knowledge and skills requirements.

### Please note the change of unit title from 2019:

HSE302 Exercise Prescription for Diverse Needs

See page 3 for Major Sequences

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## SPORTS NUTRITION MAJOR SEQUENCE UNITS

HSN101 Foundations of Food, Nutrition and Health
HSN211 Nutritional Physiology
HSN202 Lifespan Nutrition
HSE303 Exercise Metabolism
HSN307 Sports Nutrition: Theory and Practice
HSN305 Assessing Food Intake and Activity

## EXERCISE PHYSIOLOGY MAJOR SEQUENCE UNITS

HSE110 Muscle Biology for Exercise Science
HSE201 Exercise Physiology
HSE208 Integrated Human Physiology
HSE304 Physiology of Sport Performance
HSE303 Exercise Metabolism
HSE320 Exercise in Health and Disease

## Notes

For any further course advice and assistance, please feel free to contact the Faculty of Health Student Services office:

Melbourne (Burwood campus): Central Precinct, Building HE, level 2. building N, Level 1, building Y, Level 1, Elgar Road, LB, Level 2  
Geelong (Waurnd Ponds campus): Building JB, level 2, Building DD, level 2 Geelong (Waterfront campus): Building D, Level 2  
Warrnambool campus: Building H, level 1

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