



This course map is not for Deakin College students.

|               |                 |               |                 |  |  |
|---------------|-----------------|---------------|-----------------|--|--|
| Student ID:   |                 | Student name: |                 |  |  |
| Deakin email: |                 |               | Contact number: |  |  |
| Date:         | Year commenced: | eCOE:         | Campus:         |  |  |

(V4) Last updated: 19/06/2018

2018 Course Map: Strength & Conditioning and Sport Coaching Major Sequences

|  |              |  |  |  |  |
|--|--------------|--|--|--|--|
| <b>YEAR 1</b><br>Year:<br><input type="text"/> | Trimester 1  |  |  |  |  |
|  | Trimester 2  |  |  |  |  |
|  | Trimester 3* |  |  |  |  |

HSE1010 Exercise and Sport Science Laboratory Safety (0 credit points) - Trimester 1 2018

|  |              |  |  |  |  |
|--|--------------|--|--|--|--|
| <b>YEAR 2</b><br>Year:<br><input type="text"/> | Trimester 1  |  |  |  |  |
|  | Trimester 2  |  |  |  |  |
|  | Trimester 3* |  |  |  |  |

|  |              |  |  |  |  |
|--|--------------|--|--|--|--|
| <b>YEAR 3</b><br>Year:<br><input type="text"/> | Trimester 1  |  |  |  |  |
|  | Trimester 2  |  |  |  |  |
|  | Trimester 3* |  |  |  |  |

#Offered for the first time in T2 2019

^Offered for the first time in T1 2020

\*\*Offered for the first time in T2 2020

\* Trimester 3 is optional.

This course map is for illustrative purposes only. Students must meet the course rules and unit requirements as set out in the Handbook (deakin.edu.au/handbook). Deakin University reserves the right to alter, amend or delete details of course offerings and other information published herein. Students are advised to check the relevant Handbook online (at the above link) for the most up-to-date information relating to their course structure and available units.

**KEY**

- B** Melbourne Burwood Campus
- S** Geelong Waterfront Campus
- G** Geelong Waurin Ponds Campus
- W** Warrnambool Campus
- X** Cloud Campus

**eCOE** electronic confirmation of enrolment

Student signature:

Course adviser:

**STRENGTH & CONDITIONING MAJOR SEQUENCE UNITS:**

- HSE105 Principles of Sport Coaching
- HSE103 Introduction to Exercise and Sport Science Practice
- HSE302 Exercise Programming
- HSE304 Physiology of Sport Performance
- HSE329 Advanced Anatomy for Exercise Scientists
- HSE331 Advanced Strength and Conditioning

**SPORT COACHING MAJOR SEQUENCE UNITS:**

- HSE105 Principles of Sport Coaching
- HSE103 Introduction to Exercise and Sport Science
- HSE205 Advanced Sport Coaching Theory & Practice
- HSE204 Motor Learning and Development
- HSE305 Issues in Sport Coaching
- HSE321 Sport Coaching Development and Practicum

See page 2 for Course Progress Check instructions

## Course progress check

- 1 Have you checked the course rules in the Handbook of the year you commenced your studies?
- 2 Have you checked the course progression in StudentConnect?
- 3 Submit this form to the Student Central Hub (Health) or send it via email to [health-enquire@deakin.edu.au](mailto:health-enquire@deakin.edu.au)

### Course Rules:

1. Must complete 24 credit points, which includes 16 core units.
2. Maximum 10 credit points can be from Level 1.
3. 8 electives can be from other Faculties.
4. Must pass 6 credit points at Level 3.

For more detail on course rules please visit: [deakin.edu.au/handbook/h343](https://deakin.edu.au/handbook/h343)

### Note on ESSA Registration:

H343 Bachelor of Exercise and Sport Science students who have been awarded Credit for Prior Learning for non-university studies, such as credit for prior learning obtained via TAFE study or Deakin College, please note that they may not be eligible for immediate registration with ESSA. This does not mean that ESSA registration is not available to you. What it means is that registration is not automatically granted as a Deakin graduate from the H343 Bachelor of Exercise and Sport Science course. You can still apply to ESSA for membership but you will need to apply on your own directly to ESSA when you have completed your course. Application details can be found on the ESSA website, and you will be required to complete the non-NUCAP form (<https://www.essa.org.au/membership/ways-to-join-essa>). In the application you would need to demonstrate that you have met the exercise science knowledge and skills requirements.

### Please note the change of unit title from 2019:

HSE302 Exercise Prescription for Diverse Needs

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