

2026 Undergraduate

Bachelor of Health Sciences



DEAKIN
UNIVERSITY

Disability and inclusion
Environmental health
Exercise science
Family, society and health
Food studies

Health, nature and sustainability
Health promotion
Medical biotechnology
Nutrition

Physical activity and health
Psychological science
Psychology for allied health
Public health



Acknowledgement of Country

Deakin University acknowledges the Traditional Custodians of all the unceded lands, skies and waterways on which Deakin students, staff and communities come together. As we learn and teach through virtually and physically constructed places across time, we pay our deep respect to the Ancestors and Elders of Wadawurrung Country, Eastern Maar Country and Wurundjeri Country, where our physical campuses are located. We also acknowledge the many First Nations from where students join us online and make vital contributions to our learning communities.

Artwork: *Learning Together, Growing Together* by Nathan Patterson.

Your future in health sciences

Pursue a rewarding career in a growing field

Health sciences encompasses a range of occupations and specialisations, from disability and inclusion, nutrition and public health to environmental health and medical biotechnology.

The health care and social assistance sector is one of the largest and fastest growing industries in Australia and the world. With ageing populations and public health issues like obesity, heart disease, mental health and social exclusion on the rise, governments around the world are placing increasing emphasis on the health sector. Employability in this resilient sector is continually increasing.

Study what you're passionate about

Specialise in two major areas that appeal to you as future careers, and choose electives or a third major to broaden your skill set. Expanding your interests by combining multiple majors and electives can open more doors to further study and increase your employability.

Expand your horizons

Connect with the world through faculty-led programs, short-term study programs, international internships and volunteering. If you're looking for a longer and more immersive experience, you can also take part in one of our exchange programs. Our global programs offer you the opportunity to combine study and cultural immersion, all while gaining credit towards your degree.

Gain real-world experience in health

Our strong industry partnerships mean that the Bachelor of Health Sciences matches current industry practice and offers a range of work placement and study abroad opportunities. You could find yourself taking up work experience in:

- businesses
- community groups
- government departments of health
- hospitals
- local government
- research institutes.

By taking the Health Practicum unit in your final year, you'll complete a 120-hour field education placement. This gives you the opportunity to apply your theoretical knowledge in a real-world context, adding experience to your resume, enhancing your future employment prospects and developing your professional networks in the health sector.

Half a million new jobs

In Australia, the health care and social assistance sector is the largest employing industry and the fastest growing, with employment in the sector projected to grow by over half a million jobs (25%) by 2034.¹

¹ 2024 Employment Projections – for the ten years to 2034, Jobs and Skills Australia.



Bachelor of Health Sciences

Our Bachelor of Health Sciences gives you the flexibility and scope to meet your career aspirations in the booming health care and social assistance sector.

Course details

H300 3 T1, T2, T3¹

CAMPUS	B	WP	WB ²	D ^{2,3}
ATAR	55.00	56.95	NP	64.75
GUARANTEED ATAR⁴	54.00	53.00	50.00	53.00

deakin.edu.au/course/H300⁵

Entry requirements

Year 12 prerequisites

VCE units 3 and 4 – a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.

Non-Year 12 requirements

Entry for non-Year 12 applicants is based on their performance in one of the following:

- senior secondary certificate of education with an unadjusted ATAR of at least 50 or equivalent
- certificate IV or higher in a related discipline
- diploma in any discipline or 50% completion of a diploma in a related discipline
- successful completion of relevant study – equivalent to at least two Deakin University units – at an accredited higher education institution
- evidence of academic capability judged to be equivalent, or relevant work, volunteer and/or life experience.

IELTS⁶: 6.5/6

The Deakin Guaranteed ATAR

We are providing lower guaranteed ATARs for eligible Australian Year 12 students, for most undergraduate courses. This will provide you with more certainty, reduce stress and ultimately give you a greater opportunity to get into the course you really want.

To be eligible for the program, you will need to meet at least one of the following criteria, preference Deakin and submit a SEAS application through VTAC:

- attend a Deakin under-represented school
- live or study in a regional or remote location, or
- be of Indigenous Australian descent.

deakin.edu.au/deakin-guaranteed-atar

How the Bachelor of Health Sciences works

The Bachelor of Health Sciences is made up of 24 credit points spread over three years of full-time study. It includes core units, majors and/or elective units.

Core units

During your degree you must complete the six core units across the three year levels of the degree. These compulsory core units are designed to give you a solid foundation for a career in the health care and social assistance sector.

Majors

You must complete two of the 13 major areas of study on offer during your degree. Each major consists of six units taken across the three year levels of your degree (with the exception of the Psychological Science major, which has 10 units).

Your two compulsory majors complement each other, expand your career opportunities and help you to tailor your degree to your career goals.

Electives (third major, minor or mixed electives)

Dependent on your major choices and your particular interests, you can choose to use the remaining unit spaces in your degree to select a third major area of study. Alternatively, you may choose to take a minor sequence option. A minor, where available, typically consists of four units from a major.

If you decide not to do a third major, or a minor, you can fill the remaining units in your degree with electives. Your elective choices can be as varied as you like and may be from within health disciplines or from other areas of the University (prerequisite requirements may apply).

Practical placements

Depending on your major and elective unit choices, you can choose to complete one or more practical placement or work-integrated learning units in your second and/or final year of study. This will give you real-world experience before you graduate.

Honours

If you have an interest in research (and have performed well during your studies) you can apply for an honours year upon completion of your degree. This additional fourth year of study lets you work with a professional researcher to delve into a specialised area of health care and social assistance. For more information, visit deakin.edu.au/course/H400.

- 1 Trimester 3 is not available at the Warrnambool Campus.
- 2 Online and Warrnambool Campus not available to international students.
- 3 Online students will be required to attend some campus-based activities.
- 4 2026 DGAs are indicative at time of publishing. Visit individual course webpages for updated DGAs.
- 5 Visit our course webpage for full details, including pre-course and entry requirements, non-Year 12 applicant categories and associated admission requirements, unit selection options, campus and trimester availability for domestic and international students, and more.
- 6 IELTS is the International English Language Testing System (for international students only). The IELTS score reflects the minimum overall score required, as well as the lowest score allowed for any band (overall score/lowest band score). International student entry requirements can be found at deakin.edu.au/international-students.



NP Not published – less than five offers made to recent secondary education applicants

X123 Deakin course code
 🕒 Course duration in years
 📅 Trimester intake

📍 Melbourne Burwood Campus
 📍 Geelong Warrn Ponds Campus
 📍 Geelong Waterfront Campus
 📍 Warrnambool Campus
 📍 Online

Course structure

The Bachelor of Health Sciences is a professionally oriented degree consisting of six core units, which equip you with core skills and competencies required by contemporary health and human services organisations. In the first year of your degree you will normally choose two major areas of study plus elective units to complement your interests. Alternatively, you can choose three major areas of study or two majors and a minor area of study.

YEAR	TRIMESTER	CORE UNITS	MAJORS AND ELECTIVE UNITS		
YEAR 1	TRIMESTER 1	Understanding Health	Major 1	Major 2	Major 3, minor or elective
	TRIMESTER 2	Health Information and Data	Major 1	Major 2	Major 3, minor or elective
YEAR 2	TRIMESTER 1	Australian Health Care System	Major 1	Major 2	Major 3, minor or elective
	TRIMESTER 2	Population Health: A Research Perspective	Major 1	Major 2	Major 3, minor or elective
YEAR 3	TRIMESTER 1	Program Planning, Management and Evaluation	Major 1	Major 2	Major 3, minor or elective
	TRIMESTER 2	Integrated Learning for Practice	Major 1	Major 2	Major 3, minor or elective

Majors

	📍	📍	📍	📍
Disability and inclusion (major and minor)	✓			✓
Environmental health (major)	✓	✓		
Exercise science (major and minor)	✓	✓		✓
Family, society and health (major and minor)	✓			✓ ¹
Food studies (major and minor)	✓			
Health, nature and sustainability (major and minor)	✓			✓
Health promotion (major and minor)	✓	✓		✓
Medical biotechnology (major and minor)	✓	✓		
Nutrition (major and minor)	✓	✓	✓	✓
Physical activity and health (major and minor)	✓	✓		✓
Psychological science ² (major)	✓	✓	✓	✓
Psychology for allied health ² (major and minor)	✓	✓	✓	✓
Public health (major and minor)	✓	✓		✓

- 1 Online students will be required to attend some campus-based activities.
- 2 Some units in this major may not be available at every campus, but can be completed online.



Ready to find out more? Visit our course webpage for full details, including pre-course and entry requirements, unit selection options, campus and trimester availability for domestic and international students, and more.

deakin.edu.au/course/H300



Majors

Your choice of majors lets you tailor your degree to your interests. Whatever you choose, this is the degree to propel you into a rewarding career that contributes to the promotion of good health and wellbeing.

Disability and inclusion

The disability and inclusion major is unique to Deakin, equipping you with the skills to work as an inclusion professional, working to overcome the social and structural barriers that contribute to disability. Develop relevant, up-to-date skills and knowledge, including understanding government policy, human rights and advocacy, and inclusive services for people with a disability.

Career opportunities

Studying disability and inclusion enables you to pursue professional work in the disability, health and community sectors. You can take on roles that focus on:

- disability services and support
- human rights
- inclusive communication strategies
- policy development and advocacy.

Major units

- Communication and Diversity^{1,2}
- Diversity, Disability and Social Inclusion^{1,2}
- Inclusive Services¹ OR Auslan and the Deaf Community: Health and Wellbeing
- Diversity at Work¹
- The Inclusive Practitioner²
- Human Rights and Advocacy¹

deakin.edu.au/disability-and-inclusion-bhs

- 1 Units required for minor sequence focusing on inclusive services and advocacy.
- 2 Units required for minor sequence focusing on inclusion practice in diverse professions.

Environmental health

Studies in environmental health focus on healthy environments, healthy people and the relationships between them. Learn how to develop and implement sustainable environmental policy, programs and education strategies, in addition to monitoring issues that impact positive health and the environment.

Career opportunities

After studying environmental health, you may pursue work in the growing areas of public health and environmental policy. These may include areas as diverse as:

- disaster relief
- disease control
- environmental education
- environmental protection
- food safety
- health education
- occupational health
- policy development
- water and air quality monitoring.

Major units

- Cells and Genes
- Foundations of Food, Nutrition and Health
- Microbiology
- Epidemiology and Biostatistics 1
- Toxicology
- Risks to Healthy Environments

deakin.edu.au/environmental-health-bhs

Exercise science

Studies in exercise science equip you with an understanding of the core sciences underpinning both formalised exercise training and recreational physical activity. You'll learn how to apply exercise science to improve individual performance, with a solid understanding of:

- biomechanics
- exercise physiology
- exercise prescription
- human structure
- human anatomy.

You'll experience a range of different learning approaches, integrating your exercise interests with your study, and matching these to your employment objectives. Hands-on learning is a key feature of this major.

Career opportunities

Studying a major in exercise science can lead to a career in:

- aged care fitness
- exercise and sporting roles in community recreation and community development organisations
- fitness for people living with disability
- the health and fitness industry
- sports program development.

Alternatively, you may choose to undertake further study in areas of clinical exercise physiology or applied sport science to pursue a vocationally focused career within the health and social assistance sector.¹

Please note: If you are enrolled as an online student, you will be required to complete campus-based intensive workshops of two to four days for some of the units.

Major units

- Introduction to Anatomy and Physiology²
- Functional Human Anatomy
- Exercise Physiology²
- Biomechanics²
- Exercise Prescription for Fitness and Health²
- Advanced Exercise Prescription

deakin.edu.au/exercise-science-bhs

- 1 Additional entry requirements apply for further study in these areas.
- 2 Units required for minor sequence.

Undertake the exercise science major and join the #1 ranked sport science school in the world

Deakin University's School of Exercise and Nutrition Sciences has been ranked the #1 sport science school in the world by the prestigious ShanghaiRanking's Global Ranking of Sport Science Schools and Departments four years in a row.¹

- 1 ShanghaiRanking's Global Ranking of Sport Science Schools and Departments 2021–2024.



Deakin's Burwood community garden provides a space on campus where students, staff and the broader community can come together, build relationships, learn new skills and grow wholesome fresh produce.

Skills to get you a job

At Deakin, every course is shaped by industry experts. You'll graduate with real-world expertise and practical skills, giving you a competitive edge in the workplace. Secure your future today at Victoria's #1 university for graduate employment¹ and course satisfaction.²

- 1 Graduate Outcomes Survey 2023, Quality Indicators for Learning and Teaching (QILT), based on overall employment for domestic undergraduates, 4–6 months after course completion, equal overall employment rate with Monash University.
- 2 Australian Graduate Survey 2010–2015, Graduate Outcomes Survey 2016–2023, Quality Indicators for Learning and Teaching (QILT).

Family, society and health

The family, society and health major will allow you to integrate and apply knowledge of health and society to develop and evaluate evidence-based solutions to issues impacting diverse families and communities. Concepts of social inclusion and determinants of health will be explored alongside principles of equity, social justice and interdisciplinary collaboration. The theoretical framework is drawn from sociology, human development and ecology.

Career opportunities

Studying family, society and health can lead to valuable work in:

- family and community welfare
- health education
- health promotion
- issues prevention
- not-for-profit organisations, offering support services and resources to families
- policy development.

Major units

- Understanding Families and Health¹
- Social Perspectives on Population Health
- Human Development and Healthy Families¹
- Socio-Economic Status and Health¹
- People, Health and Place¹
- Contemporary Health Issues

deakin.edu.au/family-society-and-health-bhs

¹ Units required for minor sequence.

Food studies

A major in food studies provides extensive knowledge across all areas of the food industry, ranging from the science of food composition to community issues, such as genetically modified foods and food law, microbiology and food safety. Develop an understanding of:

- food and its relationship to health
- food development innovation
- food policy
- the role of nutrition in disease prevention.

Career opportunities

After exploring food studies, you can pursue a range of careers in the food industry, including those in:

- health services
- manufacturing
- the media
- product development.

Food studies can also lead you to postgraduate study in human nutrition and dietetics.¹

Major units

- Foundations of Food, Nutrition and Health²
- The Science of Food²
- Sensory Evaluation of Food²
- Food Safety²
- Food Policy and Regulation
- Food Manufacturing and Process Innovation

deakin.edu.au/food-studies-bhs

- 1 Additional entry requirements apply for further study in these areas. To be eligible for postgraduate studies in dietetics, you must complete both the nutrition and food studies majors.
- 2 Units required for minor sequence.

Majors

Health, nature and sustainability

A major in health, nature and sustainability enables you to understand the environment and how it affects community health. Learn how to identify and predict the impact of human behaviours and policy on natural systems and ecological sustainability, and propose strategies that apply the principles of environmental sustainability and health promotion. Explore the social, economic and environmental determinants of health in areas such as environmental sustainability, climate change and local and global environments.

Career opportunities

Studying health, nature and sustainability gives you the skills you need to work in:

- community education and campaigns
- environmental research
- health and sustainability programs
- policy development.

Major units

- Local and Global Environments for Health¹
- Introduction to Aboriginal Studies
- Community Development: Social Work Theory and Practice D¹
- Creating Sustainable Futures¹
- People, Health and Place¹
- Health in Action: Planning for Sustainable Change

deakin.edu.au/health-nature-and-sustainability-bhs

¹ Units required for minor sequence.

Health promotion

A major in health promotion equips you with the skills to design and implement public programs, community development and engagement initiatives to enable individuals and communities to achieve their health potential. You will develop a sound knowledge of the contributors to health and illness and, in turn, learn effective strategies for promoting health. This is combined with practical skills focused on changing lives for the better. These include:

- health education and communication
- health planning
- politics and policy in health
- sustainability management.

Career opportunities

Study in the growth area of health promotion can lead you to roles in public health, education, marketing and policy development. These may include areas as diverse as:

- community engagement
- health and wellbeing planning
- health promotion
- Indigenous health promotion
- media and communications
- project management
- strategic planning.

Professional recognition

The Health Promotion major of this course is fully accredited by the International Union for Health Promotion and Education (IUHPE). On completion of this major, you'll be eligible to register with the IUHPE as a registered Health Promotion Practitioner, securing you a globally recognised qualification.



Major units

- Local and Global Environments for Health¹
- Social Perspectives on Population Health
- Health Communication¹
- Professional Practice¹
- Implementation and Evaluation¹
- Health Practicum

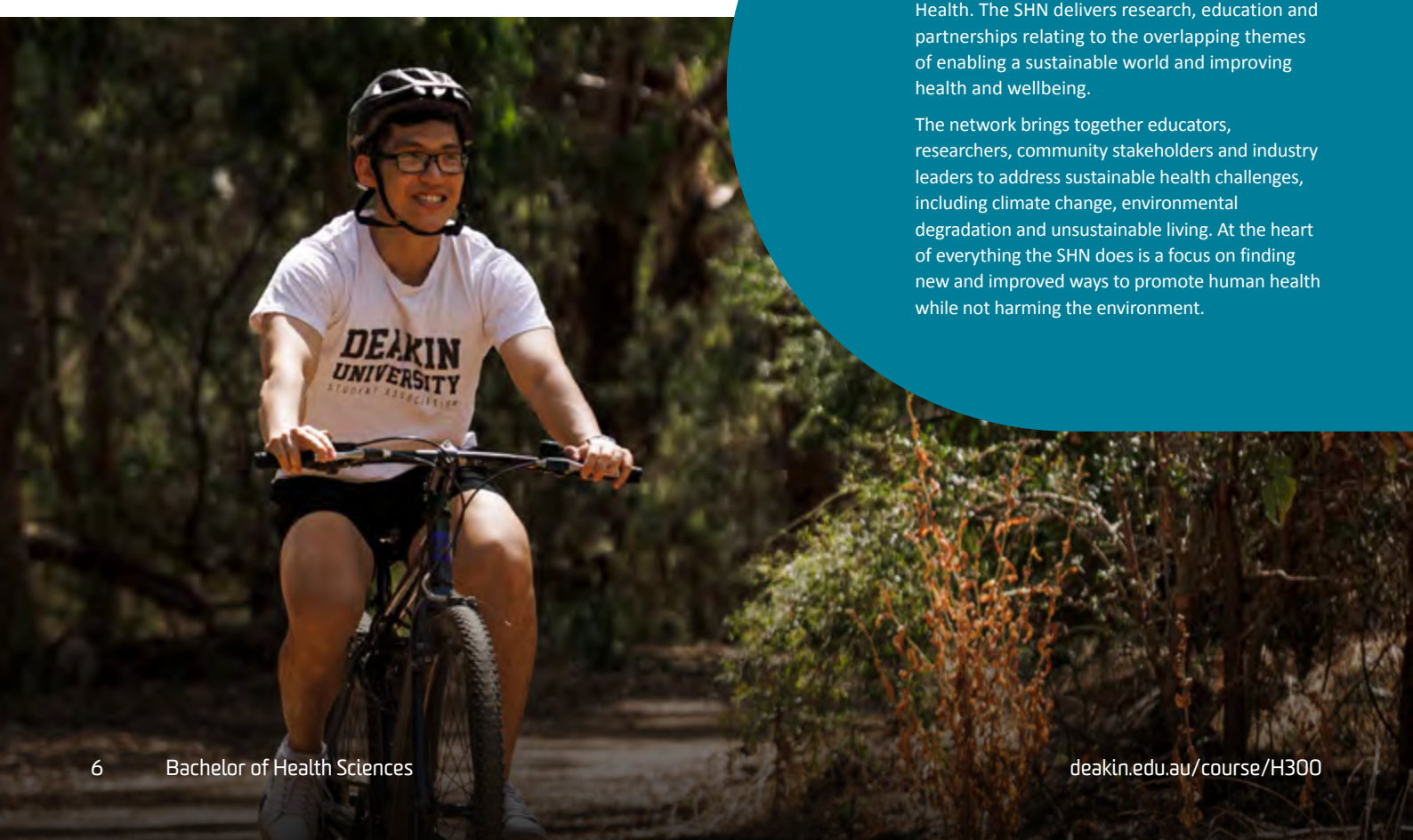
deakin.edu.au/health-promotion-bhs

¹ Units required for minor sequence.

Sustainable Health Network (SHN)

The Sustainable Health Network (SHN) is an initiative led by Deakin University's Faculty of Health. The SHN delivers research, education and partnerships relating to the overlapping themes of enabling a sustainable world and improving health and wellbeing.

The network brings together educators, researchers, community stakeholders and industry leaders to address sustainable health challenges, including climate change, environmental degradation and unsustainable living. At the heart of everything the SHN does is a focus on finding new and improved ways to promote human health while not harming the environment.





Medical biotechnology

Medical biotechnology uses cells and cell materials to produce pharmaceutical and diagnostic products that help treat and prevent human diseases. This major provides you with a sound understanding of the core sciences underpinning biotechnology for medical advancement, and develops your investigative skills in a wide range of health and medical science areas. Explore units ranging from gene technology and medical diagnostics, through to cell engineering and medical innovation.

Career opportunities

Studying a major in medical biotechnology can lead to further study in the areas of allied health or biomedical science.¹ It also sets you up for a career in medical research, medical technology or health innovation.

Major units

- Introduction to Medical Biotechnology²
- Principles of Gene and Genomic Technology²
- Medical Nanotechnology²
- Molecular Diagnostics
- Innovations in Medical Biotechnology
- Cell and Tissue Engineering²

deakin.edu.au/medical-biotechnology-bhs

- 1 Additional entry requirements apply for further study in these areas.
- 2 Units required for minor sequence.

Nutrition

A major in nutrition introduces you to the science and physiology underpinning human nutrition, and explores the role that good nutrition plays in human health and the prevention of disease. This major equips you with skills in supporting the nutritional wellbeing of individuals and communities, making it relevant to a range of health promotion and community development contexts. It also provides a foundation for further studies in nutrition and dietetics.¹

You will explore areas like:

- the connection between nutrition and physical activity
- diet and disease
- human function
- nutritional physiology
- population nutrition.

Career opportunities

After studying nutrition, you're eligible to tap into the demand for qualified nutrition professionals and may apply for registration as an Associate Nutritionist with the Nutrition Society of Australia² (depending on the attainment of sufficient food science/biological science units in addition to the nutrition major).

You can also find opportunities to work in areas like:

- community aid groups
- food banks
- food development and innovation
- food education
- nutrition
- nutrition programs for schools
- public and community health.

Major units

- Foundations of Food, Nutrition and Health³
- Introduction to Anatomy and Physiology³
- Nutritional Physiology³
- Lifespan Nutrition³
- Diet and Disease
- Population Nutrition

deakin.edu.au/nutrition-bhs

- 1 Additional entry requirements apply for further study in these areas.
- 2 For more information on registration, please visit nsa.asn.au.
- 3 Units required for minor sequence.

Majors

Physical activity and health

A major in physical activity and health provides you with an understanding of how behaviour influences health, with a particular emphasis on the relationships between physical activity and health outcomes. You'll develop an in-depth understanding of current research evidence around physical activity and sedentary behaviour and how it relates to the health of the community, population and individuals. You'll also explore key areas of activity promotion and evaluation, and gain discipline-specific skills in:

- analytical thinking
- communication
- program development and evaluation
- team building.

Career opportunities

Studying physical activity and health will lead you to roles in areas of:

- community policy development
- health participation and intervention
- health promotion
- physical activity program development
- project management and evaluation.

Graduates work in population-focused roles, such as those in local councils, recreation, health and wellbeing; or creating information and health programs for a region, sector or cohort.

Major units

- Physical Activity and Exercise for Health¹
- Pathways in the Physical Activity, Exercise and Health Industry
- Physical Activity Promotion and Evaluation¹
- Children's Physical Activity and Sport¹
- Physical Activity and Population Health¹
- Global Perspectives in Physical Activity and Exercise for Health

deakin.edu.au/physical-activity-and-health-bhs

¹ Units required for minor sequence.

Psychological science

The major in psychological science prepares you for additional postgraduate training towards general registration as a psychologist.¹

You'll develop an in-depth understanding of:

- biology
- human behaviour
- human personality
- psychopathy
- research methods
- social development.

You'll explore key psychological themes of the brain, childhood development and how psychology impacts on broader community health.

Career opportunities

Studying a major in psychological science provides a good foundation for additional study in psychology.² Alternatively, it can open doors to careers in:

- behavioural science
- community services
- community welfare
- counselling
- organisational development
- policy development.

Major units

- Introduction to Psychology: Human Behaviour
- Introduction to Psychology: Individual and Social Development
- Social Psychology
- Cognitive Psychology
- Developmental Psychology (Child and Adolescent)
- Psychology Research Methods (Introductory)
- Psychology Research Methods (Intermediate)
- Biological Psychology (Brain and Behaviour)
- Personality Psychology
- Psychopathology

deakin.edu.au/psychological-science-bhs

apac  **accredited.**

- ¹ To gain registration as a provisional psychologist, students must complete an undergraduate degree with a major in psychology, followed by a fourth year of study in psychology (an honours in psychology or Deakin's Graduate Diploma of Psychology (Advanced)), accredited by the Australian Psychology Accreditation Council (APAC). Students wishing to gain general registration can then apply to continue their studies by undertaking one of Deakin's psychology masters courses. Once you have completed a masters degree you can apply for general registration.
- ² Additional entry requirements apply for further study in this area.



'I have always had a passion for both disability service and exercise and fitness. The Bachelor of Health Sciences enabled me to combine both.'

David Swift

Bachelor of Health Sciences student

‘Studying the Bachelor of Health Sciences gives you access to possibilities – you have the chance to not only create a degree that suits your interests but with at least 78 different combinations of the 13 majors on offer, you are sure to open doors to a dynamic and rewarding career in the ever-growing health sector.’

Elyse Warner

Course Director for Health Sciences degrees



Psychology for allied health

A major in psychology for allied health gives you the opportunity to study fundamental psychology concepts, focusing on psychology of health, life course development, and a work placement unit. Studying psychological concepts will give you knowledge and skills sought after by employers, and will complement other majors in health sciences to make you a well-rounded graduate.

Career opportunities

After studying psychology for allied health, you'll be prepared for work in a range of professional health areas, including:

- child protection services
- coaching and counselling
- community work
- human services
- organisational development
- youth work.

Major units

- Applied Counselling Skills (Introductory)
- Health Psychology (Behaviour Change)
- Developmental Psychology (Child and Adolescent)
- Developmental Psychology (Adult)
- Health Psychology (Chronic Illness)
- Applied Counselling Skills (Intermediate)

deakin.edu.au/psychology-for-allied-health-bhs

Public health

A major in public health allows you to develop strategies and techniques to help solve global health challenges, prevent diseases and promote conditions that optimise population health.

Career opportunities

Become a public health practitioner and be prepared to take action on global public health challenges. You can find employment in a diverse range of areas, such as:

- chronic illness (such as asthma, arthritis, heart disease)
- disease and infection investigation
- health education
- mental health
- physical activity
- public health policy
- social inclusion
- women's health.

Major units

- Disease Prevention and Control¹
- Health Protection
- Epidemiology and Biostatistics 1¹
- Epidemiology and Biostatistics 2
- Politics, Policy and Health¹
- Contemporary Health Issues¹

deakin.edu.au/public-health-bhs

¹ Units required for minor sequence.

Pathway to postgraduate study

Your undergraduate degree will see you well placed to take advantage of this booming sector, with fantastic graduate employment opportunities across a range of roles. It also provides an excellent pathway to a wide range of postgraduate degrees at Deakin. Many of these degrees can be completed in a reduced duration depending on your professional experience and previous qualifications, which can save you time and money.

Bachelor of Health Sciences/ Bachelor of Arts

Course details

D391 4 T1, T2, T3¹

CAMPUS	B	WP	D ²
ATAR	62.80	NP	NP
GUARANTEED ATAR ³	55.00	55.00	55.00

deakin.edu.au/course/D391⁴

Build a degree tailored to your interests with a Bachelor of Health Sciences/Bachelor of Arts. This flexible and diverse degree will equip you with a unique skill set that will unlock wide-ranging career opportunities and give you a competitive edge in the job market. With over 45 major options to choose from, you will develop specialist knowledge in your selected disciplines and learn how to apply critical, creative and strategic thinking to solve real-world issues.

Entry requirements

Year 12 prerequisites

VCE units 3 and 4 – a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.

Non-Year 12 requirements

Entry for non-Year 12 applicants is based on their performance in one of the following:

- senior secondary certificate of education with an unadjusted ATAR of at least 50 or equivalent
- a certificate IV or higher in a related discipline
- a diploma in any discipline or 50% completion of a diploma in a related discipline
- successful completion of relevant study at an accredited higher education institution equivalent to at least two Deakin University units
- evidence of academic capability judged to be equivalent, including a foundation program approved by Faculty Board, or relevant work or life experience.

IELTS⁵: 6.5/6



Indigenous Access Scheme

Deakin's Indigenous Access Scheme is a pathway to undergraduate study that recognises the achievements of Aboriginal and Torres Strait Islander students. By looking beyond your ATAR and academic results to consider all the skills, experience and community work that make you unique and prepare you for study, we may be able to reward your hard work with a place at university. Our Bachelor of Health Sciences is one of over 30 courses available through the Indigenous Access Scheme, all shaped and taught by industry leaders.

deakin.edu.au/ias



'The combined course offers many different avenues and opportunities to study a range of subjects on offer at Deakin. For me, this course combines my love of journalism with my passion for health promotion and gives me the knowledge and experience to assist in whichever path I choose to take.'

Bethany Griffiths

Bachelor of Health Sciences/Bachelor of Arts graduate

Course structure

This course consists of 32 credit points

16 credit points from the Faculty of Health, including six compulsory core units in the Bachelor of Health Sciences, plus one major (6 credit points) and one minor (4 credit points), and 16 credit points from the Faculty of Arts comprising of one major sequence (8 credit points). The remaining 8 credit points can be used to undertake a Bachelor of Arts minor sequence, the Employability units or electives chosen from the Bachelor of Arts. A minimum of 4 credit points at level three of Arts coded units.

For a full list of Arts majors and minors, visit deakin.edu.au/course/D391. Health Sciences majors⁶ and minors can be found in this book.

Design your own course by combining subjects from a range of health and arts-related study areas. You choose how to structure your course and can combine, for example, food studies with public relations, or psychology for allied health with sociology – the choice is yours.

Depending on the majors you take and your choice of elective units, you could be qualified to work in diverse areas including:

- community health
- health education
- health journalism
- health marketing
- health promotion
- international aid and development
- media
- policy
- public relations.

YEAR	TRIMESTER	CORE UNITS	MAJORS AND ELECTIVE UNITS		
YEAR 1	TRIMESTER 1	Understanding Health	Health major 1	Arts major	Arts minor, employability unit or course elective
	TRIMESTER 2	Health Information and Data	Health major 1	Arts major	Arts minor, employability unit or course elective
YEAR 2	TRIMESTER 1	Australian Health Care System	Health major 1	Arts major	Arts minor, employability unit or course elective
	TRIMESTER 2	Population Health: A Research Perspective	Health major 1	Arts major	Arts minor, employability unit or course elective
YEAR 3	TRIMESTER 1	Program Planning, Management and Evaluation	Health major 1	Arts major	Arts minor, employability unit or course elective
	TRIMESTER 2	Integrated Learning for Practice	Health major 1	Arts major	Arts minor, employability unit or course elective
YEAR 4	TRIMESTER 1	Health minor	Health minor	Arts major	Arts minor, employability unit or course elective
	TRIMESTER 2	Health minor	Health minor	Arts major	Arts minor, employability unit or course elective

- 1 Trimester 3 is an optional intake, which allows you to fast-track your degree. Check the course webpage for unit availability.
- 2 Online enrolment is not available to international students.
- 3 2026 DGAs are indicative at time of publishing. Visit individual course webpages for updated DGAs.
- 4 Visit our course webpage for full details, including pre-course and entry requirements, non-Year 12 applicant categories and associated admission requirements, unit selection options, campus and trimester availability for domestic and international students, and more.
- 5 IELTS is the International English Language Testing System (for international students only). The IELTS score reflects the minimum overall score required as well as the lowest score allowed for any band (overall score/lowest band score). International student entry requirements can be found at deakin.edu.au/international-students.
- 6 The psychological science major is not available to students in the Bachelor of Health Sciences/Bachelor of Arts.

Enhance your employability with a double degree

A double degree allows you to study two degrees at the same time. This option reduces the cost and duration of your study, without increasing your workload. Enjoy studying a diverse mix of core units and acquire skills that will put you in demand across a variety of industries.

You will graduate with two certificates – one for each of the degrees you’ve completed – which will broaden your career options and attract potential employers.

deakin.edu.au/study/find-a-course/double-degrees

Exploring career opportunities

Do you want to improve the lives of others and secure a future for yourself in a booming industry? The Bachelor of Health Sciences at Deakin University offers a flexible and rewarding pathway into the health sector, enabling you to explore your passions and work in one of Australia's fastest-growing industries. With over half a million new jobs projected in the Australian healthcare and social assistance sector over the next decade, employability is strong. This program equips you with the skills and experience to thrive in a range of health-related careers.

Graduates of the Bachelor of Health Sciences enter the workforce with a broad understanding of health systems and the ability to specialise in areas such as public health, mental health, disability support, and environmental health.

The opportunity to combine up to three majors, or complement your specific area of study with electives in related disciplines, opens the door to a wide range of roles in the health sector, social assistance sector or in other industries where your diverse skills and knowledge are in strong demand.

ROLE	DESCRIPTION	MAJOR COMBINATION
Environmental health officer	Environmental health officers help protect against the spread of disease and pollution by developing, enforcing and evaluating regulations related to public health. This ensures organisations meet standards with regard to the quality of air, food and water.	Environmental health/ Health, nature and sustainability
Food microbiologist/ technologist	A food microbiologist or technologist develops new food products and is tasked with designing a process of production for these foods, determining suitable packaging materials and shelf life, as well as microbiological and chemical testing.	Food studies/Nutrition
Health promotion officer	Health promotion officers assist health, government and community groups to improve the health of individuals and communities. They do this by raising awareness of healthy lifestyles, disease and disability, and other health-related issues.	Health promotion/ Nutrition
Regional disability adviser	A regional disability adviser champions health and disability inclusion by empowering organisations and individuals to apply a disability lens to their workplace.	Disability and inclusion/ Family, society and health
Sport and recreation officer	Recreation officers develop, support and coordinate sport and recreation programs and services for the benefit of the community.	Exercise science/Physical activity and health
Student support officer	Student support officers work in schools and tertiary institutions to provide guidance and assistance to students in a range of areas, typically as part of a broader wellbeing initiative.	Physical activity and health/Psychological science
Study coordinator	Study coordinators are responsible for managing the research process and ensuring all research activities comply with guidelines and policy.	Medical biotechnology/ Environmental health
Sustainability officer	Sustainability officers are responsible for helping communities or organisations improve their environmental impact to ensure a strong social, environmental and economic future. They are often responsible for policy and programs that promote sustainability.	Health promotion/Health, nature and sustainability



'At the beginning of my degree, I was convinced I would go on to study dietetics but after the health practicum, working with both a dietitian and a Health Promotion Officer, I knew working in Health Promotion was where I wanted to be. Deakin gave me in-depth knowledge in my field of choice and showed how that knowledge could be applied in a global, national and local level.'

Alexandra Bell

Bachelor of Health Sciences (majoring in Health Promotion and Nutrition) and Bachelor of Health Sciences (Honours) graduate

Contact us

We're here to help

We have staff at each of our campuses who are more than happy to answer your general queries.

Prospective student enquiries

Domestic students

1800 693 888

deakin.edu.au/help-hub

International students

+61 3 9627 4877

study@deakin.edu.au

Social media at Deakin

 facebook.com/DeakinUniversity

 instagram.com/DeakinUniversity

 tiktok.com/@deakinuni

 linkedin.com/school/deakin-university

Other useful websites

vtac.edu.au

studyassist.gov.au

myfuture.edu.au

youthcentral.vic.gov.au

Your pathway to a PhD or research degree

For over 50 years, Deakin research has been shaping the world. Did you know that studying at the honours level gives you valuable research experience and opens doors to a future PhD or masters by research?

To find out more, visit: deakin.edu.au/research.

Find an honours degree

Want to know more about studying at the honours level?

To get more information visit: deakin.edu.au/study/how-to-apply/honours-degree-applications.

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TEQSA Provider ID: PRV12124



DEAKIN OPEN DAY

Warrnambool
SUNDAY 3 AUGUST

Geelong Waterfront and Waurin Ponds
SUNDAY 17 AUGUST

Melbourne Burwood
SUNDAY 24 AUGUST

openday.deakin.edu.au

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