# **FACULTY OF HEALTH**

# **H343** BACHELOR OF EXERCISE AND SPORT SCIENCE



This course map is not for Deakin College students.

Student ID: Student name								
Deakin email:			Contact number:					
Date: Year commenced:		ed:	eCOE:		Campus	:		
								(V4) Last updated: 19/0
2018 Course Map: Exercise Physiology and Strength & Conditioning Major Sequences								
YEAR  1 Year:	Trimester 1							
	Trimester 2							
	Trimester 3*							
HSEO10 Exercise and Sport Science Laboratory Safety (O credit points) - Trimester 1 2018								
YEAR	Trimester 1							
<b>2</b> Year:	Trimester 2							
	Trimester 3*							
YEAR	Trimester 1							
<b>3</b> Year:	Trimester 2							
	Trimester 3*							
		#Offered	for the first time in	T2 2019		l		he first time in T1 2020 the first time in T2 2020
* Trimester 3 is optional.  This course map is for illustrative purposes only. Students must meet the course rul as set out in the Handbook (deakin.edu.au/handbook). Deakin University reserves t or delete details of course offerings and other information published herein. Studer the relevant Handbook online (at the above link) for the most up-to-date informatic structure and available units.					ight to alter, amend re advised to check			
Student sign				HSE110 HSE20 HSE20 HSE30 HSE30	EXERCISE PHYSIOLOGY MAJOR SEQUENCE UNITS:  HSE110 Muscle Biology for Exercise Science HSE201 Exercise Physiology HSE208 Integrated Human Physiology HSE304 Physiology of Sport Performance HSE303 Exercise Metabolism HSE320 Exercise in Health and Disease			

See page 2 for Course Progress Check instructions

### STRENGTH & CONDITIONING MAJOR SEQUENCE UNITS:

HSE105 Principles of Sport Coaching HSE103 Introduction to Exercise and Sport Science Practice HSE302 Exercise Programming HSE304 Physiology of Sport Performance HSE329 Advanced Anatomy for Exercise Scientists HSE331 Advanced Strength and Conditioning

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# Course progress check



- Have you checked the course progression in StudentConnect?
- Submit this form to the Student Central Hub (Health) or send it via email to health-enquire@deakin.edu.au

#### Course Rules:

- 1. Must complete 24 credit points, which includes 16 core units.
- 2. Maximum 10 credit points can be from Level 1.
- 3. 8 electives can be from other Faculties.
- 4. Must pass 6 credit points at Level 3.

For more detail on course rules please visit: deakin.edu.au/handbook/h343

### Note on ESSA Registration:

requirements.

H343 Bachelor of Exercise and Sport Science students who have been awarded Credit for Prior Learning for non-university studies, such as credit for prior learning obtained via TAFE study or Deakin College, please note that they may not be eligible for immediate registration with ESSA. This does not mean that ESSA registration is not available to you. What it means is that registration is not automatically granted as a Deakin graduate from the H343 Bachelor of Exercise and Sport Science course. You can still apply to ESSA for membership but you will need to apply on your own directly to ESSA when you have completed your course. Application details can be found on the ESSA website, and you will be required to complete the non-NUCAP form (https://www.essa.org.au/membership/ways-to-join-essa). In the application you would need to demonstrate that you have met the exercise science knowledge and skills

### Please note the change of unit title from 2019:

HSE302 Exercise Prescription for Diverse Needs

#### KEY

- **B** Melbourne Burwood Campus
- **S** Geelong Waterfront Campus
- **G** Geelong Waurn Ponds Campus
- W Warrnambool Campus
- X Cloud Campus

eCOE electronic confirmation of enrolment