

COACHING AND COUNSELLING

GRADUATE CERTIFICATE OF COACHING AND COUNSELLING (H577)*

GRADUATE DIPLOMA OF COACHING AND COUNSELLING (H677)*

* Subject to University approval, this course will commence in 2013.

Historically, counsellors have been involved in the restoration of normal, or at least improved; functioning in people who have a relative deficit of some kind, while coaches have been more focused on raising the performance of normal or even high functioning individuals to achieve the individual's full potential. In recent years, the coaching industry has grown to encompass a large proportion of the remedial work traditionally done by counsellors (particularly in the health coaching arena), and the line between these two professional groups has blurred considerably. Traditionally, coaching has had a strong emphasis on client strengths and client empowerment. This approach has also been progressively adopted as a fundamental platform of counselling. There is now a vast array of jobs across the business, health and human services areas, as well as private practices, that require staff to regularly undertake coaching and/or counselling of individuals and groups.

Commencing in 2013, Deakin will introduce the first postgraduate courses in Australia to offer the professional disciplines of coaching and counselling combined within a single qualification. With growing interest in these career areas, Deakin's unique approach will ensure our graduates are well positioned to take advantage of the growing employment opportunities in these fields.

Career opportunities

Commencing in 2013, Deakin will introduce the first postgraduate courses in Australia to offer the professional disciplines of coaching and counselling combined within a single qualification. With growing interest in these career areas, Deakin's unique approach will ensure our graduates are well positioned to take advantage of the growing employment opportunities in a range of industry positions and organisations that require professional coaching and/or counselling expertise, including:

- adult education
- business and leadership coaching
- community centres and aid agencies
- counselling and health coaching
- development and welfare organisations
- education institutions
- group facilitation and training (e.g. seminar development and delivery)
- human resources
- management and training
- motivational training
- private practice (e.g. life coaching, counselling, life skills counselling)
- sports, exercise and nutrition coaching
- team leading and supervision
- workshop and skills training
- youth programs.

Alternative pathways

Deakin's postgraduate courses in coaching and counselling offer a pathway for students to develop the knowledge, skills and experience that is applicable to any career where working with individuals and groups for behaviour change is a focus. These courses also offer an alternative career pathway from the Australian Psychology Accreditation Council (APAC) approved fourth-year programs, for students who have an undergraduate major sequence in psychology.

The graduate certificate and graduate diploma courses offer advanced knowledge and practical skill-based learning to enable graduates to gain meaningful employment in a broad range of rewarding fields, without the necessity of pursuing further study at masters or doctorate level.

Course duration and location

The Graduate Certificate of Coaching and Counselling can be completed in one year of part-time study, while the graduate diploma can be completed in two years of part-time study. Both courses are offered on the Melbourne Burwood Campus.

Course outline - graduate certificate

The Graduate Certificate of Coaching and Counselling consists of 4 credit points of compulsory study.

Core units

HPY702 Foundations of Coaching and Counselling

HPY703 Coaching and Counselling Individuals

HPY704 Coaching and Counselling Groups

HPY705 Evaluation, Ethical Practice and Professional Development

Course outline - graduate diploma

The Graduate Diploma of Coaching and Counselling consists of 8 credit points of compulsory study, comprising four units offered in the graduate certificate program and four additional units.

Core units

Year 1

HPY702 Foundations of Coaching and Counselling
HPY703 Coaching and Counselling Individuals
HPY704 Coaching and Counselling Groups
HPY705 Evaluation, Ethical Practice and Professional Development

Year 2

HPY706 Problems, Pathology and Potential
HPY707 Applied Models in Coaching and Counselling 1 (Individuals)
HPY708 Applied Models in Coaching and Counselling 2 (Groups)
HPY709 Work Placement

Unit details

Unit details are available on the web at deakin.edu.au/handbook.

Accreditation and professional recognition

The course curriculum is aligned and likely to fulfil the accreditation requirements of a number of accrediting bodies such as the International Coaching Association (ICA) and the Psychotherapy and Counselling Federation of Australia (PACFA), and accreditation for these courses will be sought when the first cohort of students graduate at the end of 2013 and 2014 respectively. Subject to accreditation, graduates will be eligible to apply for registration and membership of the relevant associations.

Practical placement program

The Graduate Diploma of Coaching and Counselling offers a practical placement unit in the final year of the program. These placements provide you with the opportunity to further develop and apply practical skills and experience in supported professional settings, and in metropolitan, rural and regional areas.

The skills and experience acquired throughout your studies will enable you to practise confidently as a coach and/or counsellor upon entering the workforce and will make you highly employable across an array of stimulating employment settings throughout Australia and internationally.

Credit for Prior Learning

The University aims to provide students with as much credit as possible for approved prior study or informal learning which exceeds the normal entrance requirements for the course and is within the constraints of the course regulations. Students are required to complete a minimum of one-third of the course at Deakin University, or four credit points, whichever is the greater. In the case of certificates, including graduate certificates, a minimum of two credit points within the course must be completed at Deakin. In all cases, Credit for Prior Learning will be determined on a case-by-case basis. Please contact Health – Student and Academic Services for more information about Credit for Prior Learning and how to apply.

Application details

Admission requirements: The minimum requirements are successful completion of a three-year undergraduate degree, or equivalent, from an approved university or other educational institution or successful completion of other equivalent qualifications gained by examination. The criteria for admission are normally based on academic merit as indicated by an applicant's previous academic record.

How to apply:

Applications	To apply for postgraduate study, you will need to submit an application online at deakin.edu.au/study-at-deakin . For information about application closing dates and the application process, please visit deakin.edu.au/study-at-deakin/apply .
Fees	The course is offered on a full fee-paying basis only. For information about tuition fees, please visit deakin.edu.au/study-at-deakin/fees .

Scholarships: Deakin offers a variety of scholarships to help support you financially during your studies. For more information, please visit deakin.edu.au/study-at-deakin/scholarships-and-awards.

Further information

Health – Student and Academic Services
Phone 03 9251 7777
health-enquire@deakin.edu.au
deakin.edu.au/study-at-deakin

While the information provided here was correct at the time of publication, Deakin University reserves the right to alter, amend or delete details of course and unit offerings. Printed August 2012.

