



**DEAKIN**  
UNIVERSITY AUSTRALIA

**SPORT**

**UNDERGRADUATE**



| MELBOURNE | GEELONG | WARRNAMBOOL | OFF CAMPUS

**2013**

EXERCISE AND  
SPORT SCIENCE |

HEALTH AND  
PHYSICAL EDUCATION |

SPORT DEVELOPMENT |

SPORT MANAGEMENT |



**SPORT**

# Discover sport at Deakin University

Sport is a growing industry and with the increased focus on healthy and active lifestyles, the need for experts in this field has never been greater. Our courses in sport are comprehensive and lead to diverse career options. You can study exercise and sport science, leading to a career in the sport, community health, recreation and fitness industries; health and physical education, leading to a career in secondary school teaching; or the business of sport, leading to a career in sport management.

Deakin's sport courses provide hands-on experience, preparing you for a career in the industry. Our graduates are directly contributing to advancing the role sport plays in promoting a healthy and vibrant community, and actively fostering lifelong participation in sport at all levels. Deakin's sport courses offer career variety, exposure to groundbreaking research, and a network of graduates already working in the industry.

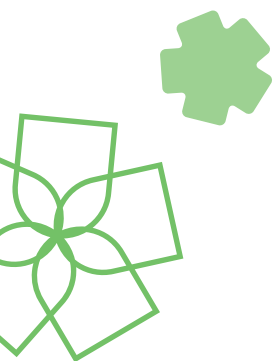
This booklet will tell you about the sport-related courses we offer, key features of our courses and the career opportunities you can expect from completing a sport degree at Deakin.

Choosing a university course is an important decision – and we are here to help. We encourage you to gather as much information as possible to help you make an informed decision about which course is best for you.

If you need more information, please contact us on 1300 DEGREE (1300 334 733), email [enquire@deakin.edu.au](mailto:enquire@deakin.edu.au) or visit [deakin.edu.au](http://deakin.edu.au).

We look forward to seeing you at Deakin!

**The Deakin team**



## Finding more information

### 2013 Undergraduate Course Guide

This guide provides an overview of the undergraduate courses Deakin offers, and information about how to apply, our campuses, student services and study options.

To order a copy of this or any other brochure, phone 1300 DEGREE (1300 334 733).

To view brochures online visit [deakin.edu.au/future-students/brochures](http://deakin.edu.au/future-students/brochures).

### 2013 undergraduate career booklets

Deakin has a range of undergraduate career booklets which provide more information on areas of study, career opportunities, course overviews and course structures. These career booklets are available in the following areas:

- » architecture and built environment
- » arts, humanities and social sciences
- » business
- » education
- » engineering
- » environment
- » health
- » information technology
- » law
- » nursing and midwifery
- » optometry
- » psychology
- » science
- » sport (this booklet).

### Undergraduate eBrochure

Find out more in our new interactive eBrochure available from [deakin.edu.au/ebrochure/undergrad](http://deakin.edu.au/ebrochure/undergrad), the Apple App Store and Google play.



### Social media @Deakin

Connect with other future students and ask current students and staff about life and study at Deakin.

[facebook.com/discoverdeakin](https://www.facebook.com/discoverdeakin)

[twitter.com/discoverdeakin](https://twitter.com/discoverdeakin)

[youtube.com/discoverdeakin](https://www.youtube.com/discoverdeakin)



### Website

Deakin's website offers comprehensive course and fee information including details of new courses, campuses, facilities and support services. Visit [deakin.edu.au](http://deakin.edu.au).

To search for courses and click through to unit descriptions visit [deakin.edu.au/courses](http://deakin.edu.au/courses).

### Contact us

Phone 1300 DEGREE (1300 334 733) to speak with a student adviser. You can also contact us via email at [enquire@deakin.edu.au](mailto:enquire@deakin.edu.au).

There are many opportunities throughout the year to visit Deakin, experience a campus tour and talk with representatives face-to-face.

For more information on event dates visit [deakin.edu.au](http://deakin.edu.au). 2012 Open Day dates are listed on the back cover of this booklet.

# Contents



## Using this booklet

This booklet provides you with detailed information about Deakin's undergraduate courses in sport (for domestic students), including study areas, career opportunities, course overviews and course structures. It is designed to be read in conjunction with the *2013 Undergraduate Course Guide*, which gives an overview of all of Deakin's undergraduate courses, study options, support services and campuses.

Deakin University also produces course guides specifically for international students. To request a copy phone Deakin International on 03 9244 5095.

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# Sport at Deakin

## Deakin sport is unique

We offer a variety of sport courses in a number of exciting areas. You can study sport as a health science, a business, as education (teaching), or even the development of sport in the community. The Bachelor of Sport Development is the first, and remains the only, course of its kind in Australia, focusing on the development of sport through 'sport systems', 'planning' and 'participation'. Deakin sport also offers a unique combined course – the Bachelor of Exercise and Sport Science/ Bachelor of Business (Sport Management).

## Growth industry

Career outcomes in the sporting industry are exciting, diverse and ever increasing. Australians have a worldwide reputation for high achievement in sport and our focus on sport as a discipline, health science, profession, recreational activity and lifestyle has never been greater. With the increase in obesity and chronic disease rates in Australia and around the world, the emphasis on physical activity and participation in sport is likely to keep increasing.

## Hands-on learning

With hands-on placement experience throughout our courses, Deakin sport graduates hit the ground running. You could benefit from work experience placements in a variety of sporting environments, such as AFL and NRL football clubs, the Australian Weightlifting Federation, Surf Life Saving Australia, the Victorian Institute of Sport and Bicycle Victoria, just to name a few.

## Study abroad

Give your degree a competitive edge with a Deakin Study Abroad Program.

The Study Abroad and Exchange Office offers various programs including exchange, study abroad, short-term study programs, study tours and international volunteering opportunities which allow you to study overseas for a few weeks, a trimester, or a year as part of your Deakin degree.

In addition, the Faculty of Business and Law runs a number of unique study tours throughout the year to exotic places such as India, China and Europe.

For more information on study abroad, please visit [deakin.edu.au/future-students/student-exchange/exchange](http://deakin.edu.au/future-students/student-exchange/exchange).

## Scholarships

Deakin University offers scholarships for academic excellence, access and equity, accommodation and Aboriginal and Torres Strait Islanders, ensuring higher education is accessible for all members of the community. For more information on scholarships, please visit [deakin.edu.au/scholarships](http://deakin.edu.au/scholarships).

Scholarships are also available through the Nursing and Allied Health Scholarship and Support Scheme (NAHSSS). For more information about this scheme please contact Services for Australian Rural and Remote Allied Health by email [sarrah@sarrah.org.au](mailto:sarrah@sarrah.org.au) or visit [www.sarrah.org.au](http://www.sarrah.org.au).

## Research experience

As a Deakin sport student you will have opportunities to benefit from and participate in the latest research, and have access to professional networks and contacts in industry and the sports sector. You may also choose to undertake an honours year. Honours is a specialised year of study that allows you to draw together the theory and practical skills gained in your undergraduate sport degree, and develop an in-depth knowledge of your particular area of interest through training in research techniques and the completion of a research project.

## Teaching excellence

Our teaching and research staff are experts in their respective fields, with broad international links and experiences. Chair in Sport Management, Professor David Shilbury was awarded the 2011 North American Society for Sport Management (NASSM) Earl F Zeigler Award. This award is given in recognition of significant contribution to scholarship and the sport management field generally.

## Professional accreditation

Deakin's Bachelor of Exercise and Sport Science is the first and only nationally accredited undergraduate exercise and sport science program in Victoria. This accreditation has been awarded by Exercise and Sport Science Australia (ESSA).

Graduates of the Bachelor of Exercise and Sport Science course, who studied the approved units specified for the 'Exercise Science – ESSA sequence', may apply for registration for full membership of Exercise and Sport Science Australia at the Exercise Scientist level.

Exercise scientists are trained experts who assist sports people to achieve their best possible sporting performance. They evaluate, research, assess and advise on coaching, training, competition and recovery practices in all areas and levels of sport.

## Flexible study options

Genuine flexibility is a key feature of our courses. You can study most courses full time or part time, and choose specialist areas as you progress through your course to tailor your degree to match your career goals. Deakin's use of technology in course delivery, our trimester system and deferment option enhance our flexible approach to education, ensuring your study fits in with your work and lifestyle commitments.

For more information, please visit [deakin.edu.au/online-offcampus](http://deakin.edu.au/online-offcampus).



# Where do our graduates go?

Deakin's range of sport courses is broad, and our graduates' career outcomes are just as diverse. As a graduate of a Deakin sport course, you could find yourself pursuing a career in professional sport; working in major sporting facilities; or with national and international sporting organisations, in sport management or marketing; or even sport-related roles with a legal or finance focus. Alternatively, you may wish to pursue a career in exercise and sport science, health and physical education teaching, sports nutrition, coaching, or in the development of sport participation by communities in Australia and overseas. For more information about career options, please refer to pages 8–17.

## EMPLOYER PROFILE



Anthony Grima  
Partnership Manager, Talented Player Development  
Football Federation Victoria

'Football Federation Victoria (FFV) is the state governing body for football (soccer) in Victoria. FFV engages Deakin students in its talented player development pathway, appointing sport management students in state representative management roles and exercise and sport science students as sport scientists for state representative teams and its National Training Centre programs. Deakin students bring organisation and project management skills to FFV and also offer fresh and modern ideas to certain elements of our programs.'

Recent Deakin sport graduates have been employed by a range of organisations including, but not limited to, the following:

- » AFL SportsReady
- » Australian Formula 1 Grand Prix
- » Australian Institute of Sport
- » Australian Sports Commission
- » BMX Australia
- » Boroondara Recreation Centre
- » Bounce Health Group
- » Bowls Victoria
- » Brisbane Lions Football Club
- » Camp America
- » Camp Australia
- » Colac Community Centre
- » Collingwood Football Club
- » Cricket Australia
- » Cricket Victoria
- » Crown Casino
- » Department of Education
- » Eastern Ranges Football Club
- » Essendon Football Club
- » Geelong Football Club
- » Glen Waverley Gymnastics Club
- » Golf Victoria
- » Hawthorn Football Club
- » Hockey Australia
- » Maryborough Recreational Centre
- » Melbourne Cricket Club
- » New Zealand Institute of Sport
- » Public and private primary and secondary schools
- » Qantas
- » Richmond Football Club
- » Singapore Sports Council
- » Softball Australia
- » Tennis Australia
- » Victorian Institute of Sport
- » Wesley College.



Subjects participating in a clinical exercise trial

# An Elite Athlete Friendly University

As one of Australia's foremost universities in the delivery of sport courses, Deakin is also dedicated to supporting elite athletes in their quest to achieve academic success alongside the demands of training and competition. That's why Deakin is a member of the Elite Athlete Friendly University (EAFU) Network.

We enable student athletes to negotiate assessment deadlines, lecture and tutorial attendance and study loads to integrate with sporting commitments. Student athletes may also be able to take several leaves of absence in order to meet sporting commitments and extend the amount of time normally allowed to complete a course. We also provide course advice, academic planning guidance and support for cross-institutional studies where possible.

For more information about Deakin's support for elite athlete students, please visit [deakin.edu.au/future-students/why-deakin/eafu](http://deakin.edu.au/future-students/why-deakin/eafu).

## STUDENT SNAPSHOT



Carmen Marton  
Bachelor of Exercise and Sport Science (ESSA sequence)  
Melbourne Burwood Campus

Deakin student and elite athlete Carmen Marton, is making the most of Deakin's Elite Athlete Friendly University (EAFU) Program as she works towards representing Australia in taekwondo at the London 2012 Olympic Games.

'Deakin is a nationally recognised EAFU and it has provided a supportive environment throughout my study. It has been quite difficult at times to balance full-time study and full-time training. I have needed extensions for assignments, exemptions from practical and tutorial classes due to tournaments and training camps, class/exam timetable alterations and special consideration. But Deakin allowed these processes to run as smoothly as possible.

Studying exercise and sport science at Deakin has truly been a wonderful experience. Competing at the highest level in my sport, it is very beneficial to be learning the most current trends and research studies.'



# Courses and ATARs table

	Melbourne Burwood Campus	Geelong campuses	Warrnambool Campus	Off campus	
	Clearly-In ATAR 2012	Clearly-In ATAR 2012	Clearly-In ATAR 2012	Available	Page
Bachelor of ...					
Business (Sport Management)   M391	81.10			Yes	8
Exercise and Sport Science   H343	83.70	63.70			8
Health and Physical Education   E377	76.45	NEW			12
Health Sciences   H300	71.15	55.90	50.30		14
<i>For information on major sequences available, please refer to page 14.</i>					
Sport Development   M320	71.90				15
<b>Combined courses</b>					
Bachelor of ... / Bachelor of ...					
Exercise and Sport Science/ Business (Sport Management)   D394	86.95				16
Health Sciences/Arts   D391	73.65				17

Geelong campuses = Geelong Waurn Ponds Campus and Geelong Waterfront Campus.

NEW = Will commence in 2013. Data is not yet available.

If a clearly-in ATAR is not listed it means that the course is not available at that campus.

For more information on ATARs please visit [deakin.edu.au/future-students/year12](http://deakin.edu.au/future-students/year12).

## Become an Accredited Exercise Physiologist (AEP) at Deakin

Deakin's Master of Clinical Exercise Physiology aims to produce quality exercise physiologists who can use exercise to prevent and rehabilitate disease and injury in the community.

Throughout the course you will acquire advanced knowledge of both the theoretical and applied aspects of clinical exercise physiology, and high-level skills in analysing, evaluating and professionally applying your knowledge to clinical and community populations.

Graduates will be eligible to apply for registration as an Accredited Exercise Physiologist (AEP). AEPs are university-trained clinical exercise practitioners who are professionally accredited at the AEP level by Exercise and Sport Science Australia (ESSA). Graduates who gain registration as an AEP with ESSA will also meet the eligibility criteria to register with Medicare as an allied health professional service provider.

AEPs have been formally recognised by the Federal Department of Health and Ageing as allied health professionals able to deliver Medicare-compensable exercise services for those with chronic conditions or complex care needs. This has increased the career opportunities for those with an AEP recognised qualification.

To be considered for selection into this course you must be able to demonstrate eligibility for exercise scientist accreditation from ESSA, and provide evidence of 140 hours of exercise service delivery for apparently healthy clientele (Deakin's Bachelor of Exercise and Sport Science including the Exercise Science – ESSA sequence provides this prerequisite).

# Major study areas

## Sport-related study areas

### Exercise and sport science<sup>°</sup> **B G**

The Bachelor of Exercise and Sport Science looks at ways to apply skills to develop physical capacities and behaviours of athletes, teams and exercise participants through training, coaching and advice. You will gain theoretical and applied skills in the sport sciences and allied fields, and examine the biological, social and behavioural bases of exercise science, sport science, sport coaching, human movement and sports nutrition.

Deakin's Bachelor of Exercise and Sport Science, including the approved units specified in this 'Exercise Science – ESSA sequence', is the first and only nationally accredited undergraduate exercise and sport science program in Victoria. This accreditation has been awarded by Exercise and Sport Science Australia (ESSA).

### Exercise physiology<sup>°</sup> **B G**

Exercise physiology is the study of how the human body responds to exercise. Throughout the exercise physiology major sequence you will learn about how your muscles, heart, lungs and other organs respond to exercise in both the short and long term. You will also gain an understanding of how these responses differ between children, adults and the elderly, and between elite athletes, the general population or those suffering or recovering from disease or injury. You will also learn how to use exercise to improve sporting performance, general health and fitness, and assist rehabilitation from disease or injury.

### Exercise science<sup>°</sup> **B X**

This major sequence provides you with a sound understanding of the core sciences underpinning both competitive sport and recreational physical activity. A variety of learning approaches is adopted, allowing you to integrate your sporting interests with your studies, as well as to match these with your employment objectives.

#### DID YOU KNOW?

At Deakin we offer a number of combined courses that enable you to obtain two highly-regarded professional qualifications in a shorter timeframe than it would take to complete the courses separately – thereby saving time and money and broadening your skills.

### Exercise science – ESSA sequence<sup>°</sup> **B G**

Completion of this major sequence as part of the Bachelor of Exercise and Sport Science enables graduates to apply for registration for full membership of ESSA at the Exercise Scientist level which may improve career opportunities in exercise science and exercise rehabilitation, and lead to postgraduate studies in clinical exercise physiology and physiotherapy.

### Health and physical education<sup>°</sup> **B**

The study of health and physical education prepares graduates as specialist health and physical education teachers. You will be exposed to a broad study of exercise science, sport and physical activity, and how these areas apply to teaching health and physical education and sport in schools. You will also gain an understanding of your professional role in encouraging healthy lifestyles and fostering these attitudes within schools and the community.

### Health sciences<sup>°</sup> **B G W**

Our health sciences degree emphasises the relationship between physical activity and health to improve the health of individuals and the population. The course is extremely flexible, allowing you to complete major studies in exercise science; family, society and health; food studies; people, society and disability; physical activity and health; sport coaching; psychology; health promotion and nutrition.

### Physical activity and health<sup>°</sup> **B G W**

Throughout this major sequence you will attain comprehensive knowledge about the influences on physical activity behaviours and the ability to target these influences to affect behavioural change. You will also develop an understanding of the associations between physical activity and health, including the amount and intensity of activity required to affect change in specific health outcomes.

You will also learn strategies to include in physical activity programs and interventions for specific target groups to encourage and support healthy levels of physical activity, and the skills to identify appropriate methods to evaluate and modify these programs as required.

### Sport coaching<sup>°</sup> **B**

This major sequence focuses on the advancement of theoretical knowledge and coaching competencies that underpin sport coaching to enhance athlete learning and participation. Topics addressed include coaching philosophy, issues relevant to coaching, the coach-athlete relationship, and the planning and execution of coaching sessions.

### Sport development<sup>°</sup> **B**

The sport development degree at Deakin is distinctive due to its unique focus on three study streams – sport management and marketing, coaching and exercise and sport science. This specialist field is concerned with increasing participation in sport, and with the development of pathways to attract, retain and nurture sports participants.

### Sport management<sup>°</sup> **B X**

Sport management is primarily concerned with managing organisations conducting sporting competitions, major events and community programs that encourage participation in sport. Sport management also relates to the management of organisations supporting sporting competitions such as sporting goods manufacturers and retailers, sports promoters, facility designers, player managers and agents.

### Sports nutrition<sup>°</sup> **B G**

Sports nutrition covers the specific macronutrient and micronutrient needs of athletes and provides practical nutrition considerations for before, during and following sports performance. Topical issues regarding supplementations, the nutritional needs of athletes and considerations for immunity are also covered.



**KEY**

- 3** Course duration in years
- B** Melbourne Burwood Campus
- F** Geelong Waterfront Campus
- G** Geelong Waurn Ponds Campus
- W** Warrnambool Campus
- X** Off campus

## Complementary study areas

### Family, society and health\* **B**

This major sequence focuses on the household and family as a setting for public health. It explores the issues facing households and families, including the link between healthy human development and healthy households, economic wellbeing and health, and the need for supportive environments. It is ideal for students wishing to work in welfare, health promotion, or with organisations offering support services and resources for families.

### Food studies\* **B**

This major sequence provides knowledge of food, ranging from the science of food composition to community issues such as genetically modified foods and food law. This understanding will be useful for a range of careers, including those in industry, health services, business and the mass media.

### Health promotion\* **B G W X**

This major sequence will equip you with a sound knowledge of the causes of health and illness, and provide you with effective strategies to help prevent illness. You will gain practical skills in health education and communication, health planning and management.

### Management\* **B F X**

This major sequence is an integrated and progressive study of modern management theory and practice in an Australian and global context, which examines concepts such as managing change, globalisation, problem solving, innovation and technology, and planning.

### Marketing\* **B F X**

Learn to analyse customer profiles, needs and motivations and how to add value to business and other organisations, in domestic and international markets. Learn to think creatively and apply theory to practice in various situations where customer behaviour and expectations need to be managed.

### Nutrition\* **B G W**

Studies in nutrition will provide a sound knowledge of the biological basis of human nutrition and the relationship between diet, health and disease.

### People, society and disability\* **B X**

Completion of this major sequence will give you an opportunity to expand your job opportunities by being better informed about positive options and techniques to assist and support people with a disability.

### Psychology\* **B G W X**

This major sequence develops your understanding of a range of topics in psychology, which is the science concerned with unravelling questions about human behaviour and mental processes. This six unit major sequence is not intended for the purpose of registration as a psychologist.

o This is offered as a full degree program.

\* This is offered as a major sequence within a full degree program.

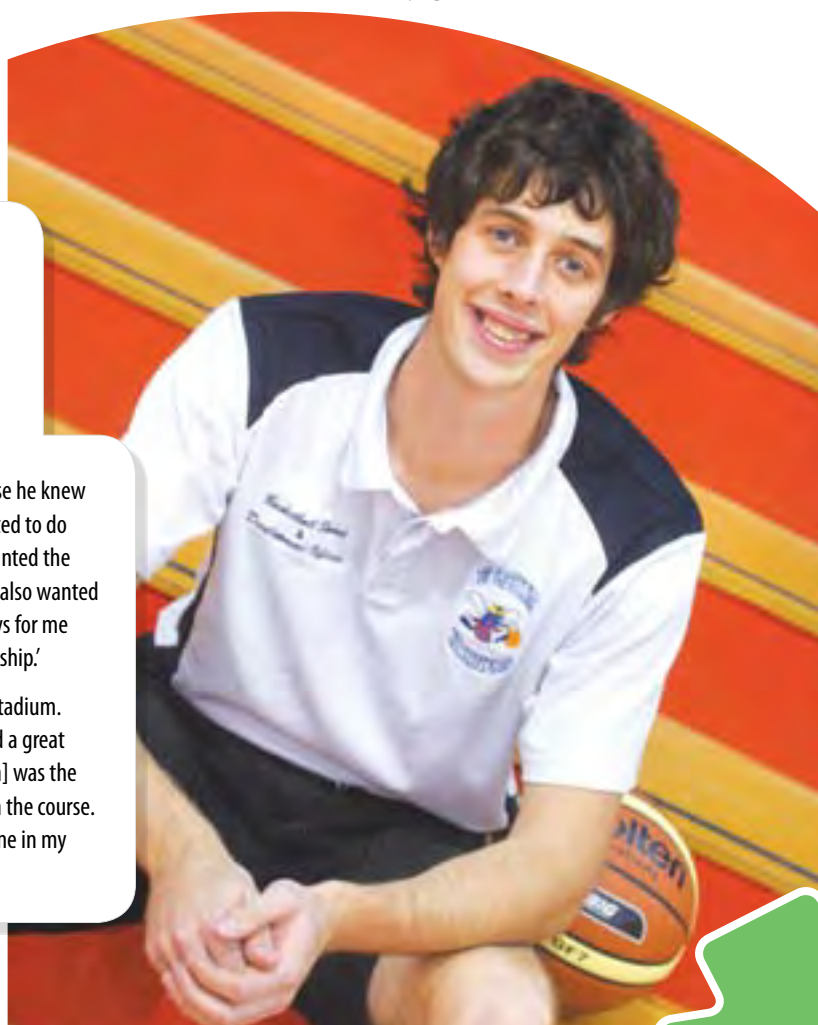
## GRADUATE SNAPSHOT



Dylan Taylor  
Bachelor of Sport Development, 2011  
Melbourne Burwood Campus  
Now: Manager, Horsham Amateur Basketball  
Association Stadium

Deakin's Bachelor of Sport Development attracted Dylan because he knew it would provide him with a broad range of skills. 'I knew I wanted to do something in sport but I wasn't sure exactly what,' he says. 'I wanted the exercise science side and the personal training experience but I also wanted the business side. I thought this course would open up pathways for me because I would still do things like marketing and sports leadership.'

Dylan now runs the Horsham Amateur Basketball Association Stadium. The practicum he completed at Knox Basketball Stadium proved a great experience and helped him get the job, he says. '[The practicum] was the best thing ever because you get to apply the things you learn in the course. I also made some really good contacts there who have helped me in my current job.'



# Courses

## Bachelor of Business (Sport Management) 3 B X

Deakin code	VTAC code	Indicative first year fee	ATAR
M391	<span>B</span> 14661 (CSP) <span>X</span> 14711 (CSP)	\$8660 (CSP) <sup>1</sup>	<span>B</span> 81.10 <span>X</span> N/A
Year 12 prerequisites	VCE units 3 and 4 – a study score of at least 25 in English (ESL) or 20 in any other English.		
Non-Year 12 requirements	VTAC Pi form.		

N/A = Not available or not applicable.

Designed to provide the skills to work in the business of sport, this course covers financial, promotional, managerial, legal and other aspects of sport as a business. It provides the skills to manage organisations that conduct sporting competitions and major events, community programs that encourage participation in sport, and organisations that support sporting competitions e.g. sporting goods manufacturers and retailers, promoters, and player managers and agents. The ability to apply management and marketing theories and business principles generally within a leisure framework is a core feature of the degree.

An honours year is available upon completion of this degree.

### Career opportunities

Career opportunities in sport management have expanded considerably in the past ten years. Sports including Australian Rules football, basketball, cricket, tennis and golf, plus national and state sporting organisations all require professionally framed people to work for them. In addition, there is a need for qualified people to manage facilities catering for sport at the local level through to those facilities hosting national and international competitions.

### Course structure

You must complete 24 credit points of study including 17 credit points of core units and 7 credit points of elective units. The core units comprise 8 credit points of sport management units and 9 credit points of business units. The 7 credit points of elective units enable you to complete a major sequence of your choice from any Faculty across the University.

### Sport management core units

#### Level 1

MMS100 Sport Organisation  
MMS101 Sport in Society

#### Level 2

MMS202 Management of Sport Performance

#### Level 3

MLC310 Sport and the Law  
MMS306 Sport Management Practicum  
MMS307 Sport Facility and Event Management  
MMS308 Sport Marketing  
MMS313 Sport Leadership and Governance

### Business core units

#### Level 1

MAA103 Accounting for Decision Making  
MAE101 Economic Principles  
MAF101 Fundamentals of Finance  
MLC101 Business Law  
MMM132 Management  
MSC120 Business Information Systems  
MSQ171 Business Data Analysis

#### Level 2

MMH299 Business Communication  
MMK277 Marketing Management

### Elective unit

MMS314 Planning for Sport Policy and Development

## Bachelor of Exercise and Sport Science 3 B G

Deakin code	VTAC code	Indicative first year fee	ATAR
H343	<span>B</span> 14411 (CSP) <span>G</span> 15471 (CSP)	\$6090 (CSP) <sup>1</sup>	<span>B</span> 83.70 <span>G</span> 63.70
Year 12 prerequisites	VCE units 3 and 4 – a study score of at least 30 in English (ESL) or 25 in any other English.		
Non-Year 12 requirements	VTAC Pi form. Some applicants only: STAT Multiple Choice.		

This field-leading bachelors degree looks at ways to apply skills to improve the athlete, the team or the individual, and allows you to focus your study in specialised streams such as coaching, exercise physiology, sports nutrition, psychology, health promotion and physical activity and health. You can also undertake an approved study stream within the degree and be eligible to apply for accreditation by Exercise and Sport Science Australia (ESSA). This is the only undergraduate course in Victoria that facilitates this.

An honours year is available upon completion of this degree.

### Professional recognition

Deakin's Bachelor of Exercise and Sport Science is the first and only nationally accredited undergraduate exercise and sport science program in Victoria. This accreditation has been awarded by Exercise and Sport Science Australia (ESSA).

Graduates of the Bachelor of Exercise and Sport Science course including the approved units specified for the 'Exercise Science – ESSA sequence' may apply for registration for full membership of ESSA at the Exercise Scientist level.

### Career opportunities

As well as traditional roles in the sport, exercise, coaching and fitness industry, you may pursue employment in sports administration, facility management, community health and wellness, rehabilitation or sport science. Other employment opportunities include local and state government agencies, professional sporting bodies, hospital and rehabilitation clinics, fitness and aquatic centres, private health and recreation centres, or large business organisations. The degree is also a common pathway to postgraduate study in areas such as clinical exercise physiology, physiotherapy and research.

### Work-Integrated Learning

The Bachelor of Exercise and Sport Science features a minimum 140 hours of practical experience in an exercise and sport science work practicum in third year, so you can start your career before you graduate with hands-on work placement experience.

You have the opportunity to undertake hands-on experience in a variety of sporting, exercise or health environments. These may vary from local, state or national sporting organisations and professional sporting clubs; state and national institutes of sport; as well as health, fitness and rehabilitation providers. The roles can involve coaching, sport science, sports administration, sport management, rehabilitation and fitness. Many graduates have been offered work based on their excellent fieldwork performance.

## GRADUATE SNAPSHOT



Jonathan Wong  
Bachelor of Commerce (majoring in sport management and facilities management)\*, 2010  
Melbourne Burwood Campus  
Employed: Tennis Victoria

Jonathan found the content of his sport management major sequence both enjoyable and practical, and says his position at Tennis Australia particularly draws on the skills and knowledge he gained in the communications subjects. 'Gaining as much hands-on experience as possible helps you on the path to success in a field like sport management,' says Jonathan. 'Umpiring helped me understand the on-court side of things and I volunteered at the Homeless Soccer World Cup in Melbourne and at the Brisbane Tennis International. It is important to get as much experience as you can while you are studying.'

\* Now Bachelor of Business (Sport Management).

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- X** Off campus

**Course structure**

This course comprises 24 credit points of study, including 14 core units and 10 elective units. You can select elective units to form a major sequence in areas including sport coaching, sports nutrition, physical activity and health, health promotion, nutrition, management, marketing, exercise physiology and psychology.

**Level 1**

HBS107 Understanding Health  
 HBS108 Health Information and Data  
 HBS109 Human Structure and Function  
 HBS110 Health Behaviour  
 HSE101 Principles of Exercise and Sport Science  
 HSE102 Functional Human Anatomy  
 HSE010 Exercise and Sport Science Laboratory Safety\* (0 credit point safety unit)  
*plus two elective units*

**Level 2**

HSE201 Exercise Physiology  
 HSE202 Biomechanics  
 HSE203 Exercise Behaviour  
 HSE204 Motor Learning and Development  
*plus four elective units*

**Level 3**

HSE301 Principles of Exercise Prescription  
 HSE302 Exercise Programming  
 HSE312 Exercise and Sports Science Practicum  
*plus one elective unit starting with HSE3xx from the list below and an additional four elective units*

\* You must complete this unit prior to undertaking the first laboratory-based unit in this course.

**Elective units****Level 1**

HSE105 Principles of Sport Coaching  
 HSE106 Introduction to Sport Coaching Practice

**Level 2**

HSE208 Integrated Human Physiology  
 HSE212 Physical Activity Promotion and Evaluation

**Level 3**

HSE303 Exercise Metabolism  
 HSE304 Physiology of Sport Performance  
 HSE309 Behavioural Aspects of Sport and Exercise  
 HSE311 Applied Sports Science 1  
 HSE313 Understanding Children's Physical Activity  
 HSE314 Applied Sports Science 2  
 HSE316 Physical Activity and Population Health  
 HSE320 Exercise in Health and Disease  
 HSE323 Clinical and Sport Biomechanics

**Sport and exercise specific major sequences**

Please refer to page 6 for a description of these major sequences.

**Exercise physiology B G****Level 2**

HSE201 Exercise Physiology  
 HSE208 Integrated Human Physiology

**Level 3**

HSE301 Principles of Exercise Prescription  
 HSE303 Exercise Metabolism  
 HSE304 Physiology of Sport Performance  
 HSE320 Exercise in Health and Disease

**Exercise Science – ESSA sequence B G****Level 2**

HSE208 Integrated Human Physiology

**Level 3**

HSE303 Exercise Metabolism  
 HSE304 Physiology of Sport Performance  
 HSE309 Behavioural Aspects of Sport and Exercise  
 HSE311 Applied Sports Science 1  
 HSE314 Applied Sports Science 2  
 HSE320 Exercise in Health and Disease  
 HSE323 Clinical and Sport Biomechanics

**Sports nutrition B G****Level 1**

HSN101 Food: Nutrition, Culture and Innovation

**Level 2**

HSN201 Principles of Nutrition  
 HSN202 Lifespan Nutrition

**Level 3**

HSE303 Exercise Metabolism  
 HSN305 Assessing Food Intake and Activity  
 HSN307 Sports Nutrition: Theory and Practice

**Physical activity and health B G****Level 1**

HBS107 Understanding Health  
 HBS110 Health Behaviour

**Level 2**

HSE203 Exercise Behaviour  
 HSE212 Physical Activity Promotion and Evaluation

**Level 3**

HSE313 Understanding Children's Physical Activity  
 HSE316 Physical Activity and Population Health

**Sport coaching B****Level 1**

HSE105 Principles of Sport Coaching  
 HSE106 Introduction to Sport Coaching Practice

**Level 2**

HSE204 Motor Learning and Development  
 HSE205 Advanced Sport Coaching Theory and Practice

**Level 3**

HSE305 Issues in Sport Coaching  
 HSE321 Sport Coaching and Development Practicum

➔ Continued on next page ...



# Courses

## Other major sequences

Please refer to page 7 for a description of these major sequences.

## Health promotion **B G X**

### Level 1

HBS107 Understanding Health  
HBS110 Health Behaviour

### Level 2

HSH201 Planning and Evaluation 1  
HSH218 Planning and Evaluation 2

### Level 3

HSH302 Politics, Policy and Health  
HSH313 Contemporary Health Issues

## Management **B F X**

### Level 1

MMM132 Management

### Level 2

MMM240 Organisational Behaviour  
MMM262 Understanding Organisations

### Level 3

MMM365 Strategic Management

*Plus 2 credit points of units from:*

MMH349 Industrial Relations  
MMH356 Change Management  
MMM306 Global Strategy and International Management  
MMM343 Business Ethics  
MMM367 Operations and Quality Management  
MMM385 Business in Asia  
MMH230 Strategic Human Resource Management or  
MMM282 International Business

## Marketing **B F X**

### Level 2

MMK265 Marketing Research  
MMK266 Consumer Behaviour  
MMK277 Marketing Management

### Level 3

MMK325 Strategic Marketing

*Plus 2 credit points of units from:*

MMK332 Direct and Digital Marketing  
MMK351 Services Marketing  
MMK358 International Marketing  
MMK368 Business Marketing  
MMK380 Brand Management  
MMK393 Integrated Marketing Communications  
MMS308 Sport Marketing

## Nutrition **B G**

### Level 1

HBS109 Human Structure and Function  
HSN101 Food: Nutrition, Culture and Innovation

### Level 2

HSN201 Principles of Nutrition  
HSN202 Lifespan Nutrition

### Level 3

HSN301 Diet and Disease  
HSN302 Population Nutrition

## Psychology **B G X**

This major sequence develops your understanding of a range of topics in psychology, which is the science concerned with unravelling questions about human behaviour and mental processes.

### 6-credit-point major sequence

This major sequence is designed to complement studies in your chosen area of interest. It does not meet the requirements for entry into fourth-year studies in psychology, nor does it lead to a professional qualification in psychology.

### Level 1

HPS111 Introduction to Psychology A  
HPS121 Introduction to Psychology B

### Level 2

*Select two elective units from the following:*

HPS201 Research Methods in Psychology A  
HPS202 Child and Adolescent Development  
HPS203 Cognitive Psychology A  
HPS204 Introduction to Social Psychology  
HPS205 Behavioural Neuroscience

### Level 3

*Select two elective units from the following:*

HPS301 Research Methods in Psychology B  
HPS307 Personality  
HPS308 Psychopathology

### 10-credit-point major sequence

Students who wish to pursue registration as a psychologist, can meet their undergraduate study requirements by taking this ten unit major sequence. Following successful completion of this major sequence, you may be eligible to apply for a fourth-year of study in psychology (either honours in psychology or a Graduate Diploma of Psychology).

### Level 1

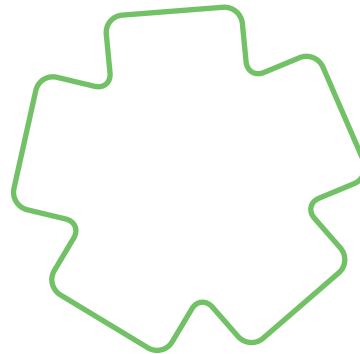
HPS111 Introduction to Psychology A  
HPS121 Introduction to Psychology B

### Level 2

HPS201 Research Methods in Psychology A  
HPS202 Child and Adolescent Development  
HPS203 Cognitive Psychology A  
HPS204 Introduction to Social Psychology  
HPS205 Behavioural Neuroscience

### Level 3

HPS301 Research Methods in Psychology B  
HPS307 Personality  
HPS308 Psychopathology



**KEY**

- 3** Course duration in years
- B** Melbourne Burwood Campus
- F** Geelong Waterfront Campus
- G** Geelong Waurn Ponds Campus
- W** Warrnambool Campus
- X** Off campus

## STUDENT SNAPSHOT



Kimberley Carty  
Bachelor of Exercise and Sport Science, 2010  
Melbourne Burwood Campus  
Currently: studying Master of Clinical  
Exercise Physiology

'Deakin is great because we are taught by professionals in the area of sport science who have worked with elite athletes at the highest levels including at sporting clubs and clinics.

I am now studying a Master of Clinical Exercise Physiology with the aim of working with clinical patients, testing their physical capacities and assisting them to get back to full physical fitness.'



# Courses

## Bachelor of Health and Physical Education 4 B G

Deakin code	VTAC code	Indicative first year fee	ATAR
E377	<span style="border: 1px solid black; padding: 0 2px;">B</span> 14281 (CSP) <span style="border: 1px solid black; padding: 0 2px;">G</span> NEW	\$5200 (CSP) <sup>1</sup>	<span style="border: 1px solid black; padding: 0 2px;">B</span> 76.45 <span style="border: 1px solid black; padding: 0 2px;">G</span> NEW
Year 12 prerequisites	VCE units 1 and 2 – two units (any study combination) of general mathematics or mathematical methods (CAS) or VCE units 3 and 4 – mathematics (any). VCE units 3 and 4 – a study score of at least 30 in English (ESL) or 25 in any other English.		
Non-Year 12 requirements	Personal particulars form ( <a href="http://deakin.edu.au/education/forms.php">deakin.edu.au/education/forms.php</a> ). STAT Multiple Choice test may be required.		

Deakin's health and physical education course prepares you for a career in secondary health and physical education. Additional teaching methods may be taken from a range of discipline areas including biology, chemistry (biological), dance, drama, mathematics and history.

### Professional recognition

Graduates of the course will qualify for a degree in secondary health and physical education teaching which will meet the registration requirements for the Victorian Institute of Teaching, and other state teacher registration boards in Australia. As well as qualifying to teach health and physical education, graduates may become qualified to teach in biology, chemistry, dance, drama, history or mathematics.

### Career opportunities

Graduates of this program have found careers in Australian and overseas secondary schools, sports management, the recreation and fitness industries, government departments, professional coaching positions, and in private academies and agencies.

### Work-Integrated Learning

You will participate in a highly-rewarding Professional Experience Program, spending at least 80 days working in schools with children and alongside experienced teachers.

### Work placement requirements

The Working with Children Act 2005 (Vic.) requires a person who engages in child-related work, as defined in the Act, to obtain an assessment notice under the Act, known as a Working with Children Check (WWCC). The Act is administered by the Department of Justice: [justice.vic.gov.au](http://justice.vic.gov.au). School experience placements in schools in the course of a university degree are 'child-related work'. Under the Working with Children Act 2005 (Vic.), administered by the Department of Justice, a student teacher must obtain a WWCC before commencing school experience placements in a school. Should a student fail to obtain a WWCC, practical training in a school will not be provided, resulting in the student's inability to complete the degree.

### Course structure

You must complete 32 credit points of study, including 18 credit points of education units and 14 credit points of discipline studies.

#### Level 1

EEH101 Health and Physical Education Studies  
 EEH102 The Art and Science of Movement  
 EPP101 Teacher-Learner Identity  
 EPP102 Learning-Teaching Communities  
 HBS109 Human Structure and Function  
 HSE102 Functional Human Anatomy  
*plus second method discipline study one and two from any Faculty*

#### Level 2

EEH201 Health and Physical Education: Curriculum Study B  
 EPP203 Professional Experience in Health and Physical Education: Curriculum Study A  
 HSE201 Exercise Physiology  
 HSE202 Biomechanics  
 HSE203 Exercise Behaviour  
 HSE204 Motor Learning and Development  
*plus second method discipline study three and four from any Faculty*

#### Level 3

EEH315 Teaching Sexuality Education in the Middle Years  
 EPP304 Ways of Knowing Children and Adolescents  
 EPP305 Policy, Schooling and Society  
 HSE311 Applied Sports Science 1  
 HSE314 Applied Sports Science 2  
 HSN201 Principles of Nutrition  
*plus curriculum study method units 2A and 2B*

Client monitoring during exercise performance.



**KEY**

- 3** Course duration in years
- B** Melbourne Burwood Campus
- F** Geelong Waterfront Campus
- G** Geelong Waurn Ponds Campus
- W** Warrnambool Campus
- X** Off campus

**Level 4**

EEH401 Professional Issues in Health and Physical Education  
 EEH405 Senior Physical Education: Curriculum Study  
 EEH455 Approaches to Teaching Health and Physical Education  
 EPP406 Professional Identity and Curriculum Work  
 ESH403 Senior Health and Human Development: Curriculum Study  
 EXC425 Literacy and Numeracy Across the Curriculum  
 HSE301 Principles of Exercise Prescription  
*plus one health and physical education elective unit*

**Secondary method discipline sequences**

Select four units from each discipline.

**Biological chemistry**

SLE131 Principles of Chemistry  
 SLE152 Chemistry of Life

*Plus two units from:*

SLE235 Chemical Systems  
 SLE214 Organic Chemistry  
 or  
 SLE213 Introduction to Spectroscopic Principles

**Biology**

SLE111 Cells and Genes  
 SLE132 Biology: Form and Function  
 SLE254 Genetics

*Plus one unit from:*

SLE203 Plant Biology  
 SLE234 Microbiology

**Dance**

ACD101 Introduction to Contemporary Dance Practice A  
 ACD102 Introduction to Contemporary Dance Practice B  
 ACD203 Contemporary Dance Practice and History A  
 ACD204 Contemporary Dance Practice and History B

Note:

- (i) Entry by audition is required for ACD101.
- (ii) ACD203, ACD204 prerequisites apply.

**Drama**

ACP101 Principles of Live Performance  
 ACP177 Modern and Postmodern Drama  
 ACP279 The Integrated Performer  
 ACP280 Performance, Text, Realisation

Note: ACP279 is a prerequisite of ACP280.

**Mathematics**

SIT192 Discrete Mathematics  
 SIT194 Introduction to Mathematical Modelling  
 SIT291 Mathematical Methods for Information Modelling

*Plus one unit from:*

SIT281 Cryptography  
 SIT292 Linear Algebra and Applications to Data Communications

**History**

*Select two units from:*

AIA104 Australian Identities: Indigenous and Multicultural  
 AIA105 Visions of Australians – Time and Space From 1700 to 2010  
 AIH107 World History Between the Wars 1919–1939  
 AIH108 The World After the War: 1945–1991

*Plus two units from:*

AIH205 Sex and Gender in History  
 AIH238 Australia and the Two World Wars  
 AIH265 Great Debates: Unfinished Business of the Past

Note: AIH265 is offered in the wholly online teaching mode only.

**Curriculum study method units****Biology**

ESS444 Science: Curriculum Study  
 ESS467 Senior Biology: Curriculum Study

**Chemistry**

ESJ460 Studies in Curriculum (TESOL or Senior Chemistry)  
 ESS444 Science: Curriculum Study  
 Note: ESJ460 students to select senior chemistry: curriculum study specialism.

**Dance**

ECA431 Arts Education Discipline Study 1  
 ECA432 Arts Education Discipline Study 2  
 Note: ECA431/ECA432 students to select dance specialism.

**Drama**

ECA431 Arts Education Discipline Study 1  
 ECA432 Arts Education Discipline Study 2  
 Note: ECA431/ECA432 students to select drama specialism.

**History**

ECS471 Humanities, Societies and Environments: Curriculum Study A  
 ECS472 Humanities, Societies and Environments: Curriculum Study B

**Mathematics**

ESM424 Mathematics: Curriculum Study  
 ESM425 Senior Mathematics: Curriculum Study

**Health and physical education elective units**

EEH459 Sport Education  
 ESH418 Issues in Health Education  
 ESH457 Youth and Recreation  
 ESS420 Outdoor and Environmental Education

**Professional experience units**

Professional experience units are academic units which incorporate practicum. The number of practicum days required for each unit is indicated below.

**Level 1**

EPP101 Teacher–Learner Identity (4 days)  
 EPP102 Learning–Teaching Communities (6 days)

**Level 2**

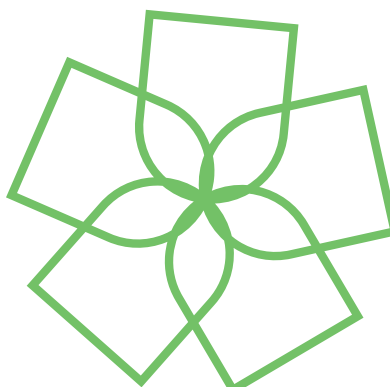
EPP203 Professional Experience in Health and Physical Education: Curriculum Study A (10 days)

**Level 3**

EPP304 Ways of Knowing Children and Adolescents (15 days)  
 EPP305 Policy, Schooling and Society (10 days)

**Level 4**

EPP406 Professional Identity and Curriculum Work (35 days)



# Courses

## Bachelor of Health Sciences B G W

Deakin code	VTAC code	Indicative first year fee	ATAR
H300	<span>B</span> 14301 (CSP) <span>G</span> 15261 (CSP) <span>W</span> 18211 (CSP)	\$6510 (CSP) <sup>1</sup>	<span>B</span> 71.15 <span>G</span> 55.90 <span>W</span> 50.30
Year 12 prerequisites	VCE units 3 and 4 – a study score of at least 30 in English (ESL) or 25 in any other English.		
Non-Year 12 requirements	VTAC Pi form. Some applicants only: STAT Multiple Choice.		

This flexible degree is ideal if you are interested in a career in health but aren't sure which direction to take. While concentrating your studies on two specialised health-related areas you can explore complementary study areas that appeal to your interests and career aspirations, and diversify your employment opportunities by undertaking elective units from any area of the University (subject to availability and timetabling).

Depending on the major sequences and electives you choose, you may have the opportunity to undertake an industry placement unit to consolidate your knowledge and enhance your employment prospects.

An honours year is available upon completion of this degree.

### Career opportunities

Career opportunities for Bachelor of Health Sciences graduates are diverse and depend on the major sequences and electives chosen. Depending on the study areas you choose, you may qualify to work in areas such as health promotion, health education, community health, project management, program planning, case management, counselling, family and community support, housing services, regional health service planning, sports psychology, sports nutrition and sports development.

### Course structure

This course comprises 24 credit points of study, including at least 16 credit points from the Faculty of Health. Within these 16 credit points you must complete two core units, which provide you with the opportunity to engage in multidisciplinary learning, and two major sequences chosen from the list below.

#### Core units

HBS107 Understanding Health  
HBS108 Health Information and Data

#### Major sequences

Please refer to pages 6–7 for an overview of these major sequences.

- » Exercise science B G X
- » Family, society and health B
- » Food studies B
- » Health promotion B G W X
- » Nutrition B G W
- » People, society and disability B X
- » Physical activity and health B G W
- » Psychology B G W X
- » Sport coaching B

If you are interested in incorporating sport studies into a Bachelor of Health Sciences, you are encouraged to consider the exercise science, sport coaching, and physical activity and health major sequences as outlined on the following pages.

### Exercise science B G X

#### Level 1

HBS109 Human Structure and Function  
HSE102 Functional Human Anatomy

#### Level 2

HSE201 Exercise Physiology  
HSE202 Biomechanics

#### Level 3

HSE301 Principles of Exercise Prescription  
HSE302 Exercise Programming

### Family, society and health B

#### Level 1

HBS108 Health Information and Data  
HSH105 Understanding Families and Health

#### Level 2

HSH206 Human Development and Healthy Families  
HSH207 Socio-Economic Status and Health

#### Level 3

HSH306 People, Health and Place  
HSH313 Contemporary Health Issues

### Food studies B

#### Level 1

HSN101 Food: Nutrition, Culture and Innovation  
HSN104 The Science of Food

#### Level 2

HSN204 Food Microbiology and HACCP  
HSN209 Food Security and Safety

#### Level 3

HSN309 Food Policy and Regulation  
HSN315 Food Manufacturing and Process Innovation

### Health promotion B G W X

#### Level 1

HBS107 Understanding Health  
HBS110 Health Behaviour

#### Level 2

HSH201 Planning and Evaluation 1  
HSH218 Planning and Evaluation 2

#### Level 3

HSH302 Politics, Policy and Health  
HSH313 Contemporary Health Issues

### Nutrition B G W

#### Level 1

HBS109 Human Structure and Function  
HSN101 Food: Nutrition, Culture and Innovation

#### Level 2

HSN201 Principles of Nutrition  
HSN202 Lifespan Nutrition

#### Level 3

HSN301 Diet and Disease  
HSN302 Population Nutrition

### People, society and disability B X

#### Level 1

HDS101 Communication and Diversity  
HDS106 Diversity, Disability and Social Exclusion

#### Level 2

HDS209 Diversity in Childhood and Adolescence  
HDS210 Diversity At Work

#### Level 3

HDS301 The Effective Practitioner  
HDS310 Human Rights and Advocacy



**KEY**

- 3** Course duration in years
- B** Melbourne Burwood Campus
- F** Geelong Waterfront Campus
- G** Geelong Waurn Ponds Campus
- W** Warrnambool Campus
- X** Off campus

**Physical activity and health** **B G W****Level 1**

HBS107 Understanding Health  
HBS110 Health Behaviour

**Level 2**

HSE203 Exercise Behaviour  
HSE212 Physical Activity Promotion and Evaluation

**Level 3**

HSE313 Understanding Children's Physical Activity  
HSE316 Physical Activity and Population Health

**Psychology** **B G W X**

This major sequence develops your understanding of a range of topics in psychology, which is the science concerned with unravelling questions about human behaviour and mental processes.

**6-credit-point major sequence**

This six unit major sequence is designed to complement other studies within the Bachelor of Health Sciences. It does not meet the requirements for entry into fourth-year studies in psychology, nor does it lead to a professional qualification in psychology.

**Level 1**

HPS111 Introduction to Psychology A  
HPS121 Introduction to Psychology B

**Level 2**

Select two elective units from the following:

HPS201 Research Methods in Psychology A  
HPS202 Child and Adolescent Development  
HPS203 Cognitive Psychology A  
HPS204 Introduction to Social Psychology  
HPS205 Behavioural Neuroscience

**Level 3**

Select two elective units from the following:

HPS301 Research Methods in Psychology B  
HPS307 Personality  
HPS308 Psychopathology

**10-credit-point major sequence**

Students who wish to pursue registration as a psychologist, can meet their undergraduate study requirements by taking this ten unit major sequence. Following successful completion of this major sequence, you may be eligible to apply for a fourth-year of study in psychology (either honours in psychology or a Graduate Diploma of Psychology).

**Level 1**

HPS111 Introduction to Psychology A  
HPS121 Introduction to Psychology B

**Level 2**

HPS201 Research Methods in Psychology A  
HPS202 Child and Adolescent Development  
HPS203 Cognitive Psychology A  
HPS204 Introduction to Social Psychology  
HPS205 Behavioural Neuroscience

**Level 3**

HPS301 Research Methods in Psychology B  
HPS307 Personality  
HPS308 Psychopathology

**Sport coaching** **B****Level 1**

HSE105 Principles of Sport Coaching  
HSE106 Introduction to Sport Coaching Practice

**Level 2**

HSE204 Motor Learning and Development  
HSE205 Advanced Sport Coaching Theory and Practice

**Level 3**

HSE305 Issues in Sport Coaching  
HSE321 Sport Coaching and Development Practicum

**Bachelor of Sport Development** **3 B**

Deakin code	VTAC code	Indicative first year fee	ATAR
M320	14421 (CSP)	\$7410 (CSP) <sup>1</sup>	71.90
Year 12 prerequisites	VCE units 3 and 4 – a study score of at least 25 in English (ESL) or 20 in any other English.		
Non-Year 12 requirements	VTAC Pi form.		

The Bachelor of Sport Development focuses on the development of sport (sports systems and planning for participation) and development through sport (building social capital and cohesion in communities through sport). You will receive instruction in three areas of specialisation: sport management and marketing, coaching, and exercise and sport science.

**Career opportunities**

Graduates are prepared for careers in coaching, sport science, community sport development and the leisure industry.

**Course structure**

You must complete 24 credit points of study, including 10 credit points of Business and Law units, 10 credit points of Health units and 4 credit points of elective units.

*Please note, the Bachelor of Sport Development units are listed in years rather than levels to reflect the order in which units must be completed.*

**Year 1**

HBS107 Understanding Health  
HBS109 Human Structure and Function  
HSE105 Principles of Sport Coaching  
HSE010 Exercise and Sport Science Laboratory Safety\* (0 credit point safety unit)  
MMK277 Marketing Management  
MMM240 Organisational Behaviour  
MMS100 Sport Organisation  
MMS101 Sport in Society  
*plus one elective unit starting with HBS/HSE*

**Year 2**

HSE201 Exercise Physiology  
HSE204 Motor Learning and Development  
HSE205 Advanced Sport Coaching Theory and Practice  
MLC310 Sport and the Law  
MMH299 Business Communication  
MMK393 Integrated Marketing Communications  
MMS308 Sport Marketing  
*plus one Business and Law elective unit*

**Year 3**

HSE301 Principles of Exercise Prescription  
HSE302 Exercise Programming  
HSE305 Issues in Sport Coaching  
HSE321 Sport Coaching and Development Practicum  
MMS307 Sport Facility and Event Management  
MMS314 Planning for Sport Policy and Development  
*plus one elective unit starting with HBS/HSE and one Business and Law elective unit*

**Recommended elective units**

HBS108 Health Information and Data  
HBS110 Health Behaviour  
HPS121 Introduction to Psychology B  
HSE102 Functional Human Anatomy  
HSE106 Introduction to Sport Coaching Practice  
HSE202 Biomechanics  
HSE203 Exercise Behaviour  
HSE309 Behavioural Aspects of Sport and Exercise

\* You must complete this unit prior to undertaking the first laboratory-based unit in this course.

# Courses

## Combined courses

### Bachelor of Exercise and Sport Science/ Bachelor of Business (Sport Management) 4 B

Deakin code	VTAC code	Indicative first year fee	ATAR
D394	14681	\$6800 (CSP) <sup>1</sup>	86.95
Year 12 prerequisites	VCE units 3 and 4 – a study score of at least 30 in English (ESL) or 25 in any other English.		
Non-Year 12 requirements	VTAC Pi form. Some applicants only: STAT Multiple Choice.		

This combined course is designed for students who wish to gain expertise in both exercise and sport science and business (sport management).

The exercise and sport science aspect will equip you with the necessary skills, understanding and attitudes to pursue a professional career in the exercise and sport fields. The core units provide an understanding of the sciences underpinning both competitive sport and recreational physical activity, and the relationship between physical activity and health.

The business (sport management) component provides you with a solid foundation in business studies, and the unique knowledge and specialist skills required by sport managers in Australian organisations, as identified within the industry.

#### Career opportunities

Graduates from this combined course will be equipped to provide enhanced professional leadership in the field and make a marked impact on the continued development of the Australian sporting industry.

Possible career areas vary from traditional sport, exercise and coaching occupations to well-established sports administration, management, governance and development roles. Growth areas in this sector include sports media, IT, event management, marketing, and international business. Other opportunities include sport science, sport equipment design, and marketing health and physical activity.

For more information about career outcomes for this combined course, please view the entries for the Bachelor of Exercise and Sport Science (page 8) and Bachelor of Business (Sport Management) (page 8).

#### Work-Integrated Learning

Please refer to the Bachelor of Exercise and Sport Science (H343) course entry on page 8 for the Work-Integrated Learning requirements for this course.

#### Course structure

This course comprises 32 credit points of study, including 16 credit points of exercise and sport science units and 16 credit points of sport management and business units. The exercise and sport science units are comprised of 14 credit points of core units and 2 credit points of elective units from a specified list.

##### Level 1

HBS107 Understanding Health  
HBS109 Human Structure and Function  
HBS110 Health Behaviour  
HSE102 Functional Human Anatomy  
MAA103 Accounting for Decision Making  
MMS100 Sport Organisation  
MMS101 Sport in Society  
MSQ171 Business Data Analysis

##### Level 2

HBS108 Health Information and Data  
HSE101 Principles of Exercise and Sport Science  
HSE201 Exercise Physiology  
HSE202 Biomechanics  
MAE101 Economic Principles  
MAF101 Fundamentals of Finance  
MLC101 Business Law  
MMM132 Management

##### Level 3

HSE203 Exercise Behaviour  
HSE204 Motor Learning and Development  
HSE301 Principles of Exercise Prescription  
HSE302 Exercise Programming  
MMH299 Business Communication  
MMK277 Marketing Management  
MMS313 Sport Leadership and Governance  
MSC120 Business Information Systems

##### Level 4

###### Trimester 1

HSE311 Applied Sports Science 1  
or  
HSE312 Exercise and Sports Science Practicum 1\*  
*plus one HSE level 2 or 3 elective unit*  
MLC310 Sport and the Law  
MMS307 Sport Facility and Event Management

###### Trimester 2

HSE312 Exercise and Sports Science Practicum 1 (if not completed in Trimester 1)  
or  
HSE314 Applied Sports Science 2  
*plus one HSE level 2 or 3 elective unit*

MMS306 Sport Practicum  
MMS308 Sport Marketing

\* HSE312 involves Work-Integrated Learning. Refer to page 8 for more information.

##### HSE level 2 and 3 elective units

You may choose any units offered by the University or from the elective units listed below:

HSE208 Integrated Human Physiology  
HSE303 Exercise Metabolism  
HSE304 Physiology of Sport Performance  
HSE309 Behavioural Aspects of Sport and Exercise  
HSE311 Applied Sports Science 1  
HSE313 Understanding Children's Physical Activity  
HSE314 Applied Sports Science 2  
HSE316 Physical Activity and Population Health  
HSE320 Exercise in Health and Disease  
HSE323 Clinical and Sport Biomechanics

## Peer Mentoring Program

The Faculty of Health runs a Peer Mentoring Program as part of its commitment to providing new students with the best possible transition into university life. By joining the Peer Mentoring Program, first-year students will receive support and guidance from more senior students in their course. The program runs across all campuses and is open to students from all courses offered by the Faculty of Health.

For more information please visit  
[deakin.edu.au/health/peer-mentoring](http://deakin.edu.au/health/peer-mentoring).

**KEY**

- 3** Course duration in years
- B** Melbourne Burwood Campus
- F** Geelong Waterfront Campus
- G** Geelong Waurn Ponds Campus
- W** Warrnambool Campus
- X** Off campus

## Bachelor of Health Sciences/Bachelor of Arts **4** **B**

Deakin code	VTAC code	Indicative first year fee	ATAR
D391	14071 (CSP)	\$6250 (CSP) <sup>1</sup>	73.65
Year 12 prerequisites	VCE units 3 and 4 – a study score of at least 30 in English (ESL) or 25 in any other English.		
Non-Year 12 requirements	VTAC Pi form. Some applicants only: STAT Multiple Choice.		

The Bachelor of Health Sciences/Bachelor of Arts is a flexible degree that is ideal if you are interested in a career in either health or arts but aren't sure which direction to take. The course allows you to undertake complementary studies in both these areas while exploring particular areas of interest to you. You choose how to structure your course and could combine, for example: exercise science with psychology, politics and policy studies with nutrition, sport coaching with media and communication, food studies with journalism, or sociology with health promotion.

### Career opportunities

As a graduate of this combined course you have the opportunity to broaden your career opportunities. The type of options available to you will depend on the major sequences you take within your course.

An arts degree provides skills for a wide range of careers. Graduates may find careers in international relations, journalism, professional writing, advertising, media, photography, multimedia, publishing, public relations, marketing, sales, personnel and industrial relations, government, administration, policy development, research, business, banking, finance, community services, ethnic affairs, psychology, social work, community development, education, policing, security industry, performing arts (including dance and drama) and visual arts.

For information on career outcomes for the Bachelor of Health Sciences, refer to page 14.

### Course structure

This course comprises 32 credit points of study, including 16 credit points from the Bachelor of Arts and 16 credit points from the Bachelor of Health Sciences.

Within the 16 credit points from the Bachelor of Health Sciences, you must complete two core units offered by the Faculty of Health, which provide you with the opportunity to engage in multidisciplinary learning, and two major sequences.

### Bachelor of Health Sciences major sequences

Refer to page 14 for course structure and major sequences available for the Bachelor of Health Sciences.

If you are interested in incorporating sport into a Bachelor of Health Sciences/Bachelor of Arts degree you are encouraged to consider the exercise science, sport coaching, and physical activity and health major sequences.

### Bachelor of Arts major sequences

Within the 16 credit points from the Bachelor of Arts, you must complete at least 4 credit points at level 3 and at least one major sequence from the list below.

- » Animation **B**
- » Anthropology **X**
- » Arabic **B**
- » Australian studies **B X**
- » Chinese **B**
- » Criminology **X**
- » Dance **B**
- » Drama **B**
- » Film studies **B**
- » History **B X**
- » Indonesian **B X**
- » International relations **B X**
- » Journalism **B X**
- » Language and culture studies **B X X\*\***
- » Literary studies **B X**
- » Media and communication **B X**
- » Middle East studies **B X**
- » Philosophy **B X**
- » Photography **B**
- » Politics and policy studies **B X**
- » Public relations **X**
- » Social and political thought **B X**
- » Sociology **B X**
- » Visual arts **B**

\*\* A full major in Arabic or Chinese is not available in off-campus mode.

For more information on these major sequences, please refer to the *2013 Undergraduate Arts, Humanities and Social Sciences Career Booklet*.

<sup>1</sup> The indicative first year fee is an approximate indication of the cost of this course in the first year of full-time study for a Commonwealth Supported Place (CSP). We can't specify the exact figure, because fees are charged per unit, not per course, so the actual fees may vary depending on what units you choose to study.

The fees quoted in this booklet are for Australian students in 2012, and may change for 2013 and later years. You can find more information about fees on our website at [deakin.edu.au](http://deakin.edu.au). For information on fees for international students, please visit [deakin.edu.au/international](http://deakin.edu.au/international).

For the latest information about new courses at Deakin University, please visit [deakin.edu.au](http://deakin.edu.au).

# How to apply

Applying to study at Deakin University is easy. Whether you are a current Year 12 student, TAFE graduate, mature-age student, non-school leaver, or international student studying VCE in Australia, you can apply to study a Deakin undergraduate course through the **Victorian Tertiary Admissions Centre (VTAC)** (unless stated otherwise in the admission guidelines).

When you are applying for a course, make sure you check all of the entry requirements carefully. Most courses have prerequisites and some have additional requirements that you will need to complete to be eligible for selection into that course.

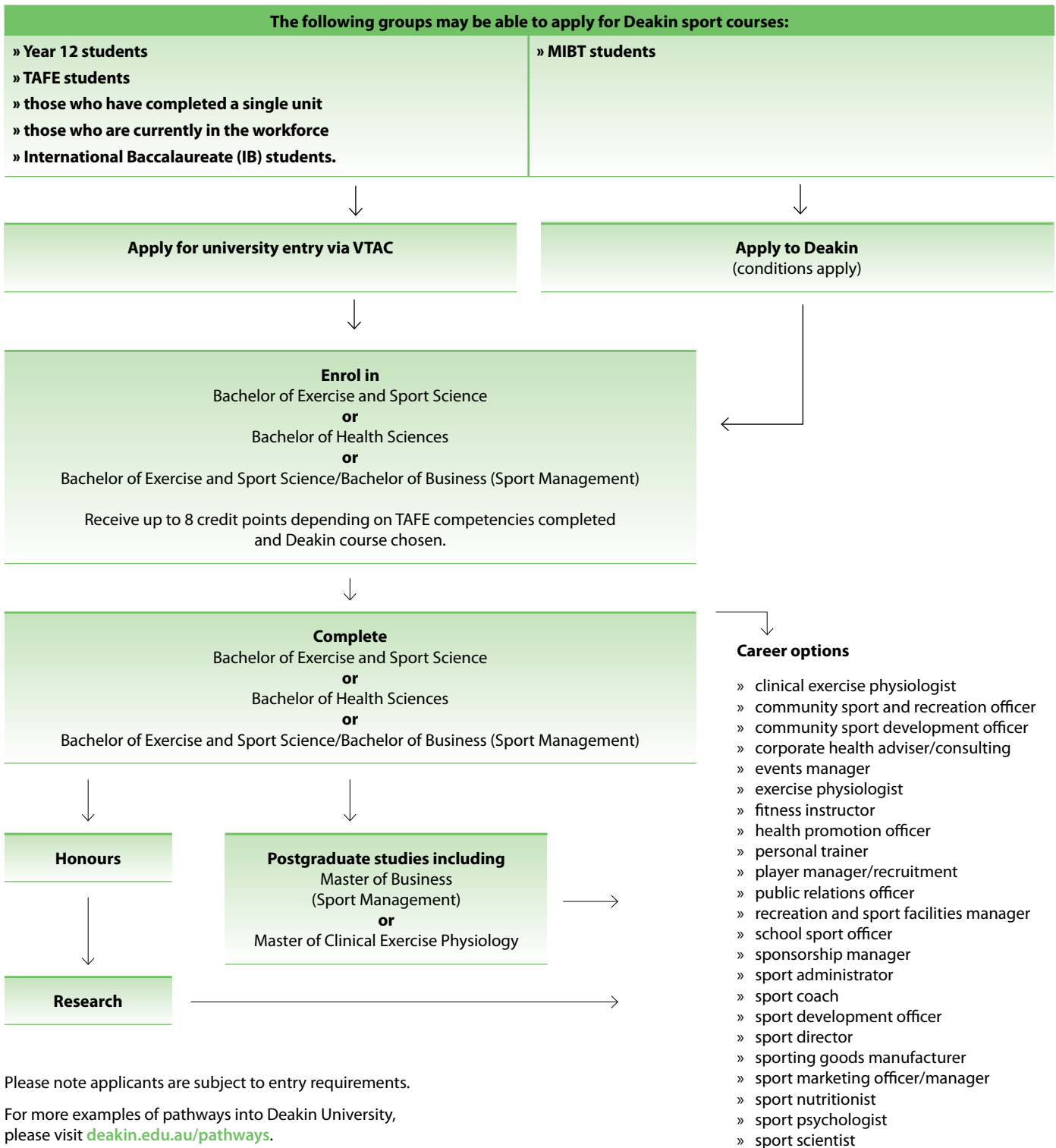
For prerequisite and extra requirement information, please visit the VTAC website [www.vtac.edu.au](http://www.vtac.edu.au).

For more information on how to apply, including special consideration and deferment, check out our *Undergraduate eBrochure* at [deakin.edu.au/ebrochure/undergrad](http://deakin.edu.au/ebrochure/undergrad) or visit [deakin.edu.au/future-students/applications-enrolments](http://deakin.edu.au/future-students/applications-enrolments).

# Entry options

Gaining entry into Deakin is not just for people who have recently completed Year 12. TAFE students, people who have completed a single unit(s) of study, those who are currently in the workforce and International Bacculaureate (IB) students can also apply to study at Deakin, providing they have met certain criteria. These alternative entry options are referred to as pathway programs and take into consideration previous qualifications or your time in the workforce.

The flowchart below outlines the various groups that can apply for Deakin sport courses and examples of the options that are available to you on your journey as a student, depending on your chosen area of study. Some of these groups and options are explained further on page 19.



### TAFE pathways

If you complete a diploma or advanced diploma at TAFE in a field similar to the Deakin course of your choice, you can then apply for the Deakin course and you may receive credit for your TAFE qualification. In most cases, this will reduce the number of units you need to complete to obtain your Deakin qualification.

Deakin has formal pathway programs and special credit arrangements with its partner TAFEs (Box Hill Institute in Melbourne, South West TAFE in Warrnambool and The Gordon in Geelong) however all TAFE qualifications are considered for application to Deakin.

If you have completed a diploma or advanced diploma, you may be eligible for up to 12 credit points towards a related Deakin degree. The assessment of credit is based on a number of factors and is determined on an individual basis. To find out what credit you may be entitled to, please visit [deakin.edu.au/courses/credit](https://deakin.edu.au/courses/credit).

### Melbourne Institute of Business and Technology (MIBT)

Deakin University and the Melbourne Institute of Business and Technology (MIBT) have been in partnership for more than 14 years. MIBT can provide an excellent pathway to Deakin for students who do not meet the admission requirements for Deakin University courses. MIBT is located at Deakin's Melbourne Burwood Campus and Geelong Waurm Ponds Campus, allowing you the opportunity to gain access to Deakin's facilities and services and get involved in uni life.

MIBT may provide a direct pathway to second-year study at Deakin in business, management, and exercise and sport science (conditions apply). MIBT diplomas are equivalent to the first year of a Deakin University undergraduate degree. On successful completion of a diploma and meeting University academic entrance criteria, students may be eligible for entry to second year of the relevant Deakin University undergraduate degree.

### Single unit study (non-award)

You may wish to undertake a single unit of study at Deakin (without being enrolled or accepted into a course). These units are subject to fees and do not lead to a degree, but may be credited towards a degree if you succeed in gaining entry to a course at a later stage.

For more information, please visit [deakin.edu.au/future-students/applications-enrolments/applications/single-subject](https://deakin.edu.au/future-students/applications-enrolments/applications/single-subject).

### Postgraduate opportunities

Following completion of an undergraduate degree in sport, you may wish to undertake postgraduate studies to specialise in a particular area of interest. Deakin offers postgraduate courses in sport management and clinical exercise physiology. Alternatively, you may decide to undertake a research degree such as a research masters or Doctor of Philosophy (PhD).

### Honours

Honours is a specialised year of study taken after the completion of an undergraduate degree. It builds on the foundations gained in your undergraduate sport degree and provides an excellent opportunity to learn new skills and obtain an in-depth understanding of a particular topic of personal interest.

Honours can offer you a competitive edge in the job market and is designed to provide you with the knowledge and research skills to undertake a postgraduate research degree, advanced professional training or pursue diverse employment opportunities.

Our staff have many years of supervision experience and are enthusiastic about encouraging research degrees. Their research activities are facilitated by collaborative relationships with numerous external organisations, industry, hospitals, business organisations and community and support centres, and these partnerships enable us to provide you with excellent opportunities to pursue your own research interests. Perhaps you'll consider one of the following topic areas:

- » behavioural aspects of sport
- » biomechanics and performance analysis
- » coaching practices
- » exercise and sport science
- » exercise physiology
- » health and injury in work and sport
- » obesity prevention
- » physical activity
- » skill acquisition, motor control and motor learning
- » strength and conditioning women's health.

For more information on honours degrees, please visit [deakin.edu.au/honours](https://deakin.edu.au/honours).

### Pathways to a career in medicine

Successful completion of the Bachelor of Exercise and Sport Science or Bachelor of Health Sciences, with electives in biomedical science, are two of the many pathways for graduates to apply for entry into Deakin's Bachelor of Medicine Bachelor of Surgery, which is offered at the Geelong Waurm Ponds Campus.

### Choice of campus

One of the great things about Deakin is that we have four campuses throughout Victoria. Many of our courses are offered at more than one campus and the ATAR required for each campus often differs, but the same high-quality degree is delivered no matter which campus you study at. This provides you with more entry options and enables you to transfer your studies from one campus to another.

For more information on pathways into Deakin University, please visit [deakin.edu.au/pathways](https://deakin.edu.au/pathways).



## STUDENT SNAPSHOT



Ben Southam  
Bachelor of Exercise and Sport Science, 2009  
Melbourne Burwood Campus  
Currently: studying Master of Clinical Exercise Physiology

'I'm currently completing my Master of Clinical Exercise Physiology at Deakin while working at PACE Exercise Physiology as an exercise specialist. I started this position while completing a work placement during my undergraduate studies and have been working here for more than three years.

Both my Deakin degrees have given me the foundation of what is required in this area of work in order to develop safe, effective and evidence-based exercise interventions towards all sorts of pathologies.

Deakin also provides a high level of knowledge, clinical skills and confidence, so I was adequately prepared for life in the workforce.'

## Useful websites for careers in sport

**Australian Institute of Sport**  
[www.ausport.gov.au/ais](http://www.ausport.gov.au/ais)

**Exercise and Sport Science Australia (ESSA)**  
[www.essa.org.au](http://www.essa.org.au)

**Sport and Recreation Victoria**  
[www.sport.vic.gov.au](http://www.sport.vic.gov.au)

**VicHealth**  
[www.vichealth.vic.gov.au](http://www.vichealth.vic.gov.au)

**Victorian Institute of Sport**  
[www.vis.org.au](http://www.vis.org.au)

**Victorian Institute of Teaching**  
[www.vit.vic.edu.au](http://www.vit.vic.edu.au)

# Find out more

## Contact us

P 1300 DEGREE (1300 334 733)  
E [enquire@deakin.edu.au](mailto:enquire@deakin.edu.au)

[deakin.edu.au/sport](http://deakin.edu.au/sport)

For the latest information about new courses at Deakin University, please visit [deakin.edu.au](http://deakin.edu.au).

## Further reading

- » 2013 Undergraduate Course Guide
- » 2013 undergraduate career booklets
- » Pathways to Deakin
- » Parents' Guide to University
- » Off-Campus Course Guide
- » Scholarships Guide
- » Accommodation Guide

To order copies of these brochures, phone 1300 DEGREE (1300 334 733) or view them online at [deakin.edu.au/future-students/brochures](http://deakin.edu.au/future-students/brochures).

## Undergraduate eBrochure

Check out our *Undergraduate eBrochure*, available from [deakin.edu.au/ebrochure/undergrad](http://deakin.edu.au/ebrochure/undergrad), the Apple App Store and Google play.



## Discover Deakin online

You can follow Deakin University through Facebook, Twitter and YouTube.

Connect with other future students and ask current students and staff about life and study at Deakin.

[facebook.com/discoverdeakin](https://facebook.com/discoverdeakin)  
[twitter.com/discoverdeakin](https://twitter.com/discoverdeakin)  
[youtube.com/discoverdeakin](https://youtube.com/discoverdeakin)



## Other useful websites

**Future students**  
[deakin.edu.au/future-students](http://deakin.edu.au/future-students)

**Subject information**  
[deakin.edu.au/handbook](http://deakin.edu.au/handbook)

**Campuses**  
[deakin.edu.au/campuses](http://deakin.edu.au/campuses)  
[deakin.edu.au/tour](http://deakin.edu.au/tour)

**Clubs and societies**  
[clusa.org.au/pages/clubs](http://clusa.org.au/pages/clubs)

**Scholarships**  
[deakin.edu.au/scholarships](http://deakin.edu.au/scholarships)

**VTAC**  
[www.vtac.edu.au](http://www.vtac.edu.au)

# Important dates 2012

## Deakin events

**Sunday 12 August**  
Open Day  
*Warrnambool Campus*

**Sunday 19 August**  
Open Day  
*Geelong Waurn Ponds Campus and Geelong Waterfront Campus*

**Sunday 26 August**  
Open Day  
*Melbourne Burwood Campus*

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*Deakin will hold additional events for prospective students and parents. Please visit [deakin.edu.au/future-students](http://deakin.edu.au/future-students) for updates.*

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## Application dates

**Early August\***  
VTAC applications open

**Late September\***  
Timely VTAC applications close

**Mid November\***  
Late VTAC applications close (late fee applies)

**Mid December\***  
Very late VTAC applications close (very late fee applies)

**December**  
Change of Preference

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*Please check the Deakin University Change of Preference website closer to the date for specific event details, [deakin.edu.au/cop](http://deakin.edu.au/cop).*

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\* Please check dates on the VTAC website [www.vtac.edu.au](http://www.vtac.edu.au) and on the other websites provided.

## Careers markets and expos

### Melbourne

**Thursday 3–Sunday 6 May**  
*The Age VCE Careers Expo*

**Friday 25–Saturday 26 May**  
National Careers and Employment Expo

**Saturday 16–Sunday 17 June**  
Reinvent Your Career Expo

**Friday 27–Sunday 29 July**  
*Herald Sun Careers Expo*

### Interstate

**Sunday 29–Monday 30 April**  
Adelaide – Tertiary Studies and Careers Expo

**Thursday 13–Sunday 16 May**  
Perth – Careers, Education and Employment Expo

**Thursday 21–Sunday 24 June**  
Sydney – Western Sydney Careers Expo

**Saturday 21–Sunday 22 July**  
Brisbane – The Tertiary Studies Expo (TSXPO)

Box Hill Institute CRICOS Provider Code: 02411J  
Gordon Institute of TAFE CRICOS Provider Code: 00011G  
Melbourne Institute of Business and Technology (MIBT) CRICOS Provider Code: 01590J  
South West Institute of TAFE CRICOS Provider Code: 01575G

**More information | Sport**

1300 DEGREE (1300 334 733) | [deakin.edu.au](http://deakin.edu.au) | [enquire@deakin.edu.au](mailto:enquire@deakin.edu.au)

# 2012 DEAKIN UNIVERSITY OPEN DAYS

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**WARRNAMBOOL  
CAMPUS**

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Princes Highway  
Warrnambool Victoria

**12  
AUG**

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**GEELONG  
WAURN PONDS CAMPUS**

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Pigdons Road  
Waurn Ponds Victoria

**19  
AUG**

---

**GEELONG  
WATERFRONT CAMPUS**

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1 Gheringhap Street  
Geelong Victoria

**19  
AUG**

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**MELBOURNE  
BURWOOD CAMPUS**

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221 Burwood Highway  
Burwood Victoria

**26  
AUG**